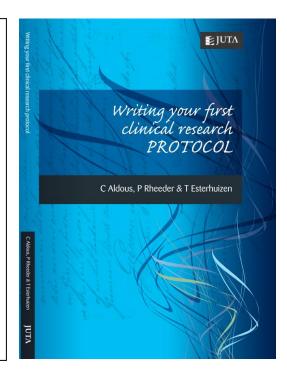
### Applied Research Methods 800/Toegepaste Navorsings Metodiek 800 TNM 800 for 2016

### http://web.up.ac.za/default.asp?ipkCategoryID=9293&subid=9293&ipklooki <u>d=8</u>

### Introduction

The Applied Research Methods course is a compulsory attendance course for all Honours and Masters students including MMed students, as well as PhD students that have not yet done a formal research methods/protocol writing course.

NOW AVAILABLE AT THE LOCAL BOOKMARK BOOKSHOP! (and other bookshops in Hatfield) This workbook is specifically aimed at post graduate students in the health care sciences doing the TNM800 course and who are putting together their first research protocol. This workbook follows the UP Faculty of Health Sciences template and guides the student step by step from start to finish. It includes a chapter on statistical planning and data analysis. UKZN (C. Aldous and T. Esterhuizen) and UP (P. Rheeder) worked together to produce what we hope will be a useful tool for students to complete their protocols and thus also projects successfully.



If at any time you have already completed such a course or one similar in nature you may ask for exemption by completing the form <u>http://www.ais.up.ac.za/health/blocks/tnm800/exemptionformtnm800.doc</u> and sending it to Prof. P Rheeder at Room 92436, 9<sup>th</sup> Floor, Dept Internal Medicine, Steve Biko Hospital or e-mailing it to <u>prheeder@medic.up.ac.za</u>.

### 1. Course objectives.

1. The aim of this attendance course is to equip students with the needed knowledge and skills to write a scientifically valid and feasible research protocol that will optimize the student's chance of successful completion of the project and that will meet all the requirements of the specific academic and ethics committees of the Faculty of Health Sciences.

### PLEASE NOTE:

The course provides you with the resources you need to produce an excellent research protocol.

The protocol is your responsibility and assumes critical input from your supervisor (see registration form).

Satisfactory attendance of this course does not imply endorsement of your protocol.

### PLEASE NOTE:

There are broadly 3 groups of students:

- 1) Clinical and Public Health orientated students (CL/PH)
- 2) Laboratory based disciplines/medical anthropology (L)
- 3) Those doing Qualitative Research (e.g. focus groups, in depth interviews) (Q)

PLEASE make sure you identify which group you belong to on the REGISTRATION FORM and note that the focus of the various TNM 800

### 2. Course options, contact details and registration

# a) Five Day TNM 800 (mornings only )(please register 3 months in advance)

T		ſ	1	1 1
1.	Internal Medicine Tel contact Hester Els		00.07.14	
	Tel: 012 354 2112	Prof Paul	23-27 May	08:00-13:00
	r.Els@up.ac.za	Rheeder		
(CL/PH)				
2.	SHSPH	Prof Tiaan De	7-11 March	08:00-13:00
	contact Reuben	Jager		
	Tel: 012 354 2409		10.11	00.00 40.00
	nments@postillion.up.ac.za	Elize Webb	10-14 October	08:00-13:00
	H) (L)(Q)		October	
3.	Nuclear Medicine	Drof Cotholigo		08:00-13:00
з.	Contact	Prof Sathekge Prof Vorster	1-5 August	06.00-13.00
	Elmarie.Wessels@up.ac.za	Prof Rheeder		
	Tel: 012 354 2374			
(CL)	101.012.004.2014			
4.	Microbiology	Prof Marthie	29Feb-4	08:00-13:00
	Prof Marthie M Ehlers	Ehlers	March	
	Marthie.Ehlers@up.ac.za			
	Tel: 012 319 2170			
(L/CL				
5.	Department Internal			
	Medicine	Prof DG Van	29 Feb to 4	08:00-13:00
	Tel: Caroline	Zyl	March	
012 373 1075/1015			1 Aug to 5	
	danie.vanzyl@up.ac.za		August	
(CL/P	•			
6.	Department of Anatomy			
	Contact Tel 012319 2432	Prof EN	10 Feb to	Wed 13h30
	santie.swarts@up.ac.za	L'abbe	25 May	
/1.\			16 += 20 = 6	08.20 12.00
(L)			16 to 20 of	08:30-13:00
			Мау	
7.	School of Health Care			
/ .	Sciences Contact:	Dr C Maree	11-15 April	08:00-13:00
L				

Carin.Maree@up.ac.za (Q/PH/CL)	and a follow-
	up contact session
	(same group): 14
	Öctober

b) There are certain departments that run courses for their students but which other students may join. If you are from any of these departments please contact the following:

rita.stey (CL/PF	Department Paediatrics Rita Steyn 012 354-5276 n@up.ac.za <b>1)</b> Department	Prof R Green Prof C Kruger	25-29 July As	14h00 – 16h00 Thursdays
<u>Christa</u>	Psychiatry Tel 012 319 9741 a.kruger@up.ac.za CL/PH/Q)		arranged by Dept	13:00-16:00
<u>Rina.G</u>	Dept. of Biokinetics and Section Sports Medicine Grant@up.ac.za	Dr R Grant	11-15 April	08:00-13:00
	Department Obstetrics and Gynaecology Tel 012 354-2366 ( <b>CL/PH)</b>	Dr J Makin	As arranged by Dept	
	Department of Pharmacology Tel 012 319 2547 <b>(CL/PH)(L)</b>	Prof Vanessa Steenkamp	Tuesdays and Thursdays 2 February - 10 March	13:00-15:00
	SHSPH ( <b>CL/PH)</b> FELTP ( <b>CL/PH)</b>	Dr Bernice Harris Dr Lazarus Kuonza ( <u>Lazarus@nicd.ac.za</u> )	contact Dr Kuonza	08:00-13:00

### 3. Course curriculum and content

To download all the Reading Material and Notes for the Course <a href="http://www.ais.up.ac.za/health/blocks/tnm800/tnm800.htm">http://www.ais.up.ac.za/health/blocks/tnm800/tnm800.htm</a>

All the TNM 800 courses have the same objective: creating a scientifically sound great protocol!

Each course should therefore cover the following:

- 1. Motivation for research
- 2. Picking a research problem and setting priorities, applicability
- 3. The background to the problem: The literature review
- 4. Phrasing the question: title, aims and objectives, hypotheses
- 5. Methods

# a) Study designs including Qualitative research

- b) Bias and confounding
- c) Causality
- d) Measurement and definitions
- e) Questionnaires
- f) Sampling an sampling methods
- g) Pilot study

- 6. Data Analysis
- a) Sample size and power
- b) Types of data
- c) Distribution of data
- d) Comparing groups

- e) P values and confidence intervals
- f) Statistical vs clinical significance
- g) Statistical consultation
- 7. Budgeting and Funding

8. Ethics

- a) Basic Bioethics
- b) Guidelines (Helsinki etc)
- c) Vulnerable groups. Children etc
- d) Informed consent and Confidentiality
- c) Animal rights (if applicable)
- d) Fraud
- e) The Ethics and Protocol committee and how to process your protocol
- 9. Authorship

To download all the Documents for the Course go to <a href="http://www.ais.up.ac.za/health/blocks/tnm800/tnm800.htm">http://www.ais.up.ac.za/health/blocks/tnm800/tnm800.htm</a>

#### 4. Flow chart of the Protocol development process

3-6 months before the TNM 800 course

- Contact your supervisor and finalise the research question/aims and objectives so that you can start working on the protocol using the template (<u>http://www.ais.up.ac.za/health/blocks/tnm800/tnmprotocolte</u> <u>mplate2008.rtf</u>) or another template provided by your department or School.
- Register for the course you plan to attend at least 3 months in advance

 Download and start reading the course notes that can be found at <u>http://www.ais.up.ac.za/health/blocks/tnm800/tnm800.htm</u>

During the TNM 800 course

Ensure that your supervisor is available during this time period so that you can revise your protocol in the afternoons

- You benefit most from this course if you can refine your protocol with the help of your supervisor as the course proceeds.
- By the last day of the course your protocol should be just about ready for submission to the required committees!

After the course

- You should *revise* the sections of protocol that had been identified as incomplete/unsatisfactory during the course.
- Submit your revised final protocol to the required academic committee (MSc or AAC or MMed or PhD) within the next 2 months (if your wait longer than this you lose crucial momentum!)
- AFTER approval of the academic committee you must then *submit* to the ethics committee.
- Certain students (Honours, MPH) need not submit to an academic committee and can submit directly to the ethics committee once they have the approval of their supervisors.

**REGISTRATION FORM (SEE NEXT PAGE)** 

# 5. Registration form

# **TNM 800 Registration**

Please submit to the course organiser/secretariat after completion. You will only be registered for TNM800 if this form is signed by your Supervisor.

For office use

			$J_J$
Surname, Name and			
Initials			
Department			
Degree registered for?			
When did your assistant for			
When did you registrer for			
this degree?			
Student number			
Student number			
Telephone number(s):			
1			
Fax number(s):			
E-mail address:			
TNM Course for which	presenter	date	
you want to enrol:			

Give the title and a short description of your draft research protocol:	
Motivate the choice of your research topic:	

Have you already participated in a research project? If so, please list the project title and/or publication(s):				
<u>Please note:</u> You must have a <u>draft protocol</u> on		I		
You have to be available for all sess assigned by the course presenter.	sions and you will have to have	time to comple	ete work as	
I will hand in a draft protocol on the 1 <sup>st</sup> day and be available throughout the indicated times for this course and will be able to complete assigned work.				
Signature: <b>Student</b>				
This next section needs to be completed by your clinical/research <u>SUPERVISOR</u> :				
Name of supervisor:				
Department:				
Telephone number:				
Fax number:				
E-mail address:				
<ol> <li>The student applying for the TNM800 does so with my approval.</li> <li>If the student applies for a 3 or 5 day course, he/she will not have clinical/other duties during this week.</li> </ol>				
<ol> <li>I discussed the research topic with the student and the student does have a draft protocol.</li> <li>I will be available during the course to discuss protocol modifications with the student I supervise</li> </ol>				
<ul> <li>supervise.</li> <li>5. Most courses require the student to present the "final" protocol during the last day/session of the course. Your attendance at this report back is essential. This session</li> </ul>				
will be during the Friday of the week in which the course is given. <b>I will /will not be present for this presentation</b> . (delete which is not applicable).				
Signature: <b>Supervisor</b>				