



Dear Tuks Bophelong Néous and Parents

Welcome and congratulations for qualifying to be a resident of Tuks Bophelong. At the University of Pretoria, we are proud of the rich cultural life and the support we give to our students' personal development and academic performance. The University of Pretoria is a world class institution of Higher Learning, ranked among the top 500 Universities in the world. The same high level of excellence and ethics is maintained in our residences.

Tuks Bophelong was established in January 2015. The funds for the construction of the residence was granted by the Department of Higher Education to provide for the increased number of health sciences students. The modern residence houses 301 students and each room is equipped with an internet point. Students live in single rooms with 8 students in a hallway. Each corridor is equipped with self-catering facilities - a common bathroom, kitchen and visiting/dining area. The residence is conveniently located close to campus and offers residents a home where students can excel at all levels (academic, sports, cultural, social).

Come join us in our home with all your gifts and talents to add value to this dynamic and friendly home of students at UP. Tuks Bophelong is home away from home. We look forward to inspiring you to achieve greatest heights in becoming a model of excellence at the University and in society by the time you depart from this residence.

Meet your House Family

As house parents, we look forward to living with you and to give you support in your academic and personal growth, we are here for you. To you and your parents, once again, welcome.

Do not hesitate at any time to contact us with any questions.



- Dr. Pieter Clase
Senior Assistant Director: Recruiting at the University of Pretoria
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0829244248 (Personal no.)
Pieter.clase@up.ac.za

- Mev. Berta Clase
English teacher at Laerskool Skuilkrans

- Dienkie Clase
Grade 12 at Hoërskool Menlopark

- Tiana Clase
Has her BA Drama Honnors degree and currently busy with her 2nd Year in BCur

Tuks Bophelong is a part of the TUKS RES family and is one of four mixed gender residences. There is a total of 13 female residences and a total of 11 male residences which you will all soon become acquainted with.

Tuks Bophelong is an exciting and energetic residences, which have hard working, top achieving students, and we take great pride in our res and in each other. We have started great new traditions since the residence opened in January 2015 and are making new traditions every year.

Ubi Est Vita.

Just like the slogan says "**where the life is**", Tuks Bophelong is the place to be.

The benefits of being in this mixed residence includes the Res being literally across the road from the medical campus and Steve Biko Academic Hospital and Tshwane District Hospital (TDH); having an LAN internet connection in your single room; DSTV in the unity rec hall near our grab-and-go cafeteria and Tuks Bophelong being a self-catering residence and living with friends that become family.

Tuks Bophelong lives by many [principles and values](#) that include

-  Compassion,
-  Respect,
-  unity,
-  Integrity,
-  Honesty
-  Excellence

This means that there is a variety of sports and cultural activities that one can take on that allow social cohesion and inclusivity of members in Tuks Bophelong.





Besides that, we take part in RAG events, community outreach events, cultural activities such as INSYNC, SERRIE and Serenade, social events such as the annual glow in the dark, house dinee and so much more. These bring about res pride among our residents and created a platform for friendships to be formed.





For academics, a mentor-Mentee STARS program is in place where by each first year is allocated a senior student, in their field of studying, to mentor and guide them to academic excellence.



Traditions of Tuks Bophelong 2017

- ✿ Our slogan is UBI EST VITA (The Greek term for “where the life is”)
- ✿ Our logo is a Pegasus
- ✿ As first years you are called Néous (The Greek term for young ones)
- ✿ The Girls and boys will each have their own separate names. The girls will be known as the Korítsi’s and the boys as the Agóri’s. These are the Greek terms for Girls and Boys respectively.
- ✿ During Welcoming Week it will be expected of the first years to greet the seniors of our Residence whenever they see them. They will greet the seniors as Presvύτεροι. This is the Greek term for elders.
- ✿ Every Morning the First years will assemble between Block B and C West where they will greet the House Father, Dr Clase, as well as each HC member. They will address the HC members as Kidemónas with the HC’s name. This is the Greek term for Guardian. It will also be expected that the First years greet each HC as well as state their Portfolio. (Example: Kidemóna Nosipho, Chairperson and Discipline)
- ✿ The First years will also present the war cry every morning after they have greeted us.

Our War Cry:

We lay it down, we make it solid

So fly, superb, we know we got it.

La re bona naa?


rena dinatla.

Re tswa Tuks Bophelong re tla ka matla.

Maak plek want ons is oppad

Of Pegasus gaan op jou trap.

Laat staan sulke dinge laat staan (x3)

 First years will take corridor group selfies after any event of their choice during each day. Each corridor will submit their corridor group selfies of the week on Sunday Morning, 24th January 2016. The most creative corridor will win First year corridor group selfie.



GREEK	SYMBOL
1. Zeus	Thunderbolt, eagle and oak tree
2. Poseidon	Sea, trident, horse, dolphin
3. Hades	Pomegranate, cap of invisibility
4. Hestia	Fireplace
5. Athena	Owl, olive, tree, plow, loom
6. Artemis	Moon, deer, silver bow and arrows
7. Apollo	Lyre, sun, mice, Laurel tree
8. Aphrodite	Dove, swan, roses
9. Hephaestus	Hammer, quail

- ✿ The first year corridors will each receive a symbol. These symbols will be based on the Greek gods symbols.

- ✿ Each First year will receive a mother/father in our residence; they will be paired up according to personality and characteristics. Their mentors will be given to them based on their degrees that they study. The mothers/fathers will be there to help the first years during this emotional and physical transition from High School to University. The mentors will be there for their academic transition.

- ✿ HC members as well as senior members in our residence will receive names based on their personality as well as contribution to our residences founding's. This will be given later this year. These names will be then passed down to our first years in the final ceremony. Names will be based on Greek mythology leaders, constellations as well as plants and flowers.

- ✿ In our Traditions book, each first year will have the honour of writing their name inside as the Néous of Tuks Bophelong of the respective year. This will take place at the Final Ceremony.

- ✿ A photo board will be made which will contain photos of each first year individually and underneath their photo they will sign their names. The photo board will be put up in our Unity Hall.

- ✿ First years will receive a paper with their name on from their mothers/fathers. (Example: Korítsi Angela or Agóri Mawell.) A hole will be dug up outside Unity Hall with a box inside where the first years will tear up their papers and throw it in the box. The hole will be covered and sealed. Our first years will then be welcomed as official residents of Tuks Bophelong.

Welcoming and FAQ's

Introduction:

The executive committee has approved a house shirt for the welcoming program for all residences. The objectives of the welcoming program are directed at satisfying the needs of first year students who enter UP and a residence environment for the first time. The program aims at facilitating academic achievements, social adaptation and development of social skills.

Should I be scared?

Please do not worry about the welcoming program. The program is aimed at orientating you to your new environment. It is here to help you find your ways in and around campus and the residence, although I'm sure you will find yourself in the wrong venue at least once in the first week but no worries it happens to the best of us. It will also give you a chance to get to know your fellow first years! 😊

Must I be fit?

The welcoming program is fully loaded and you will need lots of energy, so be READY! Come rested and ready for the challenge. Welcoming week is very busy with all sorts of fun, different and new activities so being fit is quite a bonus, especially if you plan to partake in sports.

What do I do if I am unhappy about something which happens in welcoming week?

This is what your first year guardian is for. If you are unhappy at all during the week you can come and talk to me, my door is always open at all times and the kettle will always be on. If the problem stays unresolved, we will consult the chairperson and then the house father. My aim is to make you feel at home and comfortable in your environment. 😊

Will I have time to sleep/study?

The program allows for ample resting time, which you must use wisely as the days are filled with many activities. You will not have to study during welcoming week, as classes only start after the welcoming period. When classes do start, you have compulsory study time from 19:00 Mondays to Thursdays.

When do I register for my course?

Don't worry at all about this! We will make sure that all the necessary arrangements are made during Welcoming week! Everything will be sorted out by me with the help of the rest of the HC.

What is INSYNC (formerly known as IENKmelodienk)?

JUST WAIT AND SEE!!!!!!!

This event is especially for you and it happens during welcoming week, so don't worry it doesn't cut in with your studying or classes. This is your chance as the Néous of Tuks Bophelong to show the Seniors and HC of Tuks Bophelong (Presvýteroi and Kidemónas) and the rest of TUKS what you are made of in a SING-DANCE EXTRAVAGANZA!!!!!!!!!!!!!! Everyone gets a chance to shine, whether you can dance like a pro, or play the triangle like a professional..... THIS IS YOUR TIME!!!!!! All you need is a lot of enthusiasm because INSYNC is about having fun and you will not be alone since all the residences complete in the event.

NB you will be wearing your house shirts!

Meet your House Committee members:



HC Members 2016/2017

Name: **Nosipho Zwane**

Nickname: **Nowsie**

Portfolios: **Chairperson & Discipline**

Birthday: **23 August 199...**

Degree: **MBChB**



Portfolio Breakdown:

- Implement strategic matters together with Head of Residence
- Chairing all House Committee and House meetings
- Representing the House Committee in the Sub-council and Residence Advisory board
- Ensuring the smooth running of the House Committee
- Co-ordinate all activities in the residence
- Responsible for the Discipline Portfolio
- Assist with the checking in and out procedures of students and residents
- Supervise all activities of the House Committee
- Report irregular behaviour to the Head of Residence
- Promote the idea of a safe environment, conducive to learning

Describe yourself in no more than 12 words: I am Fun, always smiling, kind, give the best hugs, loving and caring

Favourite TV shows: Medical detectives

Favourite Movie: Awake

Favourite Chocolate: Cadbury dairy milk with oreo

Favourite Drink: Liqui-fruit berry blaze

Favourite Food: Spaghetti & mince

Favourite Colour: Red

What is the best advice you have ever been given? Don't let a bad day convince you that you have a bad life.

Your message to the first years: Above everything else work on yourself too.

HC Members 2016/2017

Name: **Sabelo Mthokozisi Masombuka**

Nickname: **Sabs/Sabsinho/Sabnero**

Portfolios: **Vice Chairperson, Internal Culture and Traditions**

Birthday: **29 September 199...**

Degree: **BCHD**



Portfolio Breakdown:

Vice Chairperson

- Represent the Chairperson in her absence.
- Perform tasks assigned to me by the House Committee Chairperson.
- Oversee the following Wellbeing portfolios:
 - Wellbeing
 - Cultural
 - Sport
- Assist with ideas and implementation of activities and programmes within the residence.
- Assist with any other duties assigned by the Residence Management from time to time

Internal Culture

- Promoting cultural activities within the residence.
- Organizing/overseeing the cultural activities
- Organize all activities as outline on the student culture (STUKU) timetable.
- Organize cultural activities for students in the residence.

Describe yourself in no more than 12 words: I am a straight talker, funny and good listener.

Favourite TV shows: Skeem Saam and Uzalo

Favourite Movie: Taken

Favourite Chocolate: Top deck mint Dairy milk

Favourite Drink: Ice tea lemon

Favourite Food: Pap and beef

Favourite Colour: Blue

What is the best advice you have ever been given? “Efforts May Fail, But Don’t Fail to Make Efforts”

Your message to the first years: Live life to the fullest.

HC 2016/2017

Name: **Amilcar Thobejane**

Nickname: **Milky**

Portfolio: **Vice Chairperson, Academics and Mentorship**

Birth Date: **31 May 199...**

Degree: **MBChB**



Portfolio Breakdown:

- It is my honor to serve you all and make sure that you all get up to speed with the transition you will be making by becoming a part of the health faculty.
- As Vice Chairperson it is my duty to assist with ideas and implementation of activities and programmes within the residence. Further it is my duty to assist with any other duties assigned by the residence management from time to time.
- This Academic Portfolio is all about helping you reach your fullest potential by providing you with all the necessary resources needed. I strive for a high academic performance at this residence and it will be my duty to identify risk areas and report them to residence management. I am your support system when it comes to your academics. I strive for you to do your upmost best.
- The Mentorship Programme has become a tradition here at Tuks Bophelong and it is important that every single one of you have one. Make sure you have been given one from myself before your academic term starts. A mentor is your biggest supporter. Your friend. Your ear. Someone you can trust with anything.
- It is my job to promote learning and to create conducive learning environments for all.
- It is important that you maintain a balance between your academic life and your “other” life.

Describe yourself in no more than 12 words: I am Hard working, Loving, Funny, Optimistic, and Driven. I LOVE LOVE.

Favorite TV shows: Anything by Shonda Rhymes

Favorite Movie: The Proposal.

Favorite Chocolate: Ferrero Rocher

Favorite Drink: Water

Favorite Food: Margarita Pizza

Favorite Colour: Blue

What is the best advice you have ever been given: To push myself beyond my limits. (1 Corinthians 9:27)

Your Message to the first years: LIFE IS A STAGE....SO PERFORM.

HC Members 2016/2017

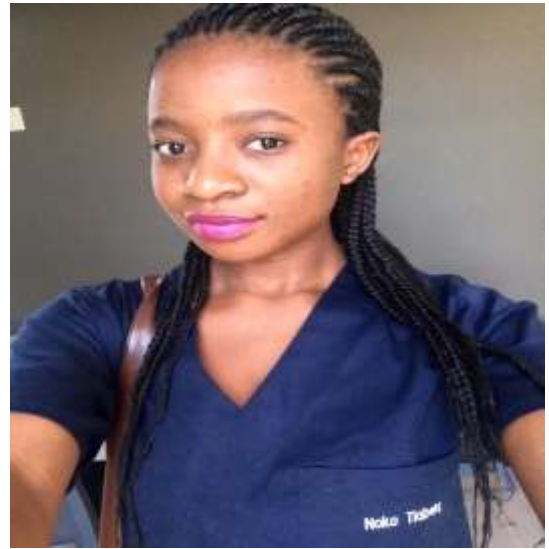
Name: **Noko Thapedi Tlabela**

Nickname: **Noko**

Portfolios: **Community outreach and Green initiatives**

Birthday: **20 December 199...**

Degree: **MBChB**



Portfolio Breakdown:

Community outreach is not merely for providing students with a proper platform to help those in need but also to teach students to consider others. This portfolio composes of procession, which is one of our biggest projects in which we introduce the residents into the spirit of giving. Throughout the year we then breakdown into short term projects in which we donate stuff to the community let it be material or even your time. Not only do we reach out outside but inside too because charity begins at home.

Green initiatives are all about ensuring that our res is green as possible, from recycling to saving water and electricity.

Describe yourself in no more than 12 words:

I am very bubbly and I really enjoy the company of people.

Favourite TV shows: Big Bang theory, being maryjane, how to get away with murder, breaking bad and sophia the first.

Favourite Movie: addicted

Favourite Chocolate: lindt

Favourite Drink: Tea (all sorts)

What is the best advice you have ever been given?

“Life is only burdensome if you want to have a solution to every problem”

Your message to the first years:

Above all else never lose yourself...

HC Members 2016/2017

Name: **Ngoepe Phahledi**

Nickname: **Doc**

Portfolios: **Sports, Safety and Security**

Birthday: **11 April 199...**

Degree: **BRAD**

Portfolio Breakdown:

- Ensuring overall residence safety
- Responsible for any sport activity
- Ensuring participation in sports
- All round participation in residence activities



Describe yourself in no more than 12 words: I am simple, straight forward, forgiving and have a hand of giving.

Favourite TV shows: Shameless

Favourite Movie: Interstellar

Favourite Chocolate: Any dark chocolate

Favourite Drink: Appletiser pure

Favourite Food: Steak and pap

Favourite Colour: Olive green

What is the best advice you have ever been given? Being under pressure and nervous is just a waste of energy

Your message to the first years: The first year at University is the most important set point

HC Members 2016/2017

Name: **Ngoakoana Gwebu**

Nickname: **Nkay**

Portfolios: **Secretary and Administration**

Birthday: **28 March 199...**

Degree: **MBChB**



Portfolio Breakdown:

I deal with all House Committee correspondence and my responsibility is to ensure that all important information is relayed to you on a continuous basis. I will also be helping your first year guardian with placing you into a room. I take minutes of the House Committee and house meetings

Describe yourself in no more than 12 words:

Aspiring cardiologist whose word is LOVE. Love God, love people, love myself

Favourite TV shows: How to get away with murder

Favourite Movie: The Vow

Favourite Chocolate: Lindt Lindor white/milk chocolate

Favourite Drink: Since medical school, cappuccino, but my all time favourite is Vanilla milkshake

Favourite Food: Any chicken pasta dish

Favourite Colour: Different shades of orange – Apricot, amber, coral, peach

What is the best advice you have ever been given? Do what you have to do until you can do what you want to do

Your message to the first years: Just leap, you'll figure it out along the way.

HC Members 2016/2017

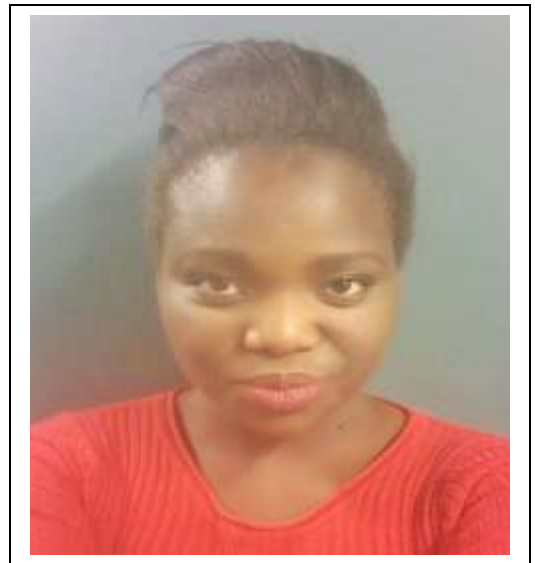
Name: **Nteboheng Langa**

Nickname: **Ntebo**

Portfolios: **Spiritual and wellbeing**

Birthday: **01 March 199...**

Degree: **BRAD**



Portfolio Breakdown:

- Responsible for among other activities, arranging Praise and Worship sessions as well as other sessions of interest to the residence pertaining to spiritual matters.
- Arrange and co-ordinate activities/functions/events to address the needs of residents regarding physical, spiritual, mental and emotional needs.
- Wellbeing is about considering all the dimensions/facets of wellbeing of a person and ensuring that they are 'comfortable, healthy and happy'
- Other areas that involve Wellbeing are: Psychological illnesses (depression, ADHD), eating disorders, financial ability (Not being able to afford food), adaptation to university life, substance abuse (alcohol, drugs), loneliness, Pregnancy, etc.
- Monitor wellbeing of the house and first years. Address concerns with relevant House Committee members.

Describe yourself in no more than 12 words: I am confident, talkative, loud, friendly, humble, funny, charismatic, ambitious and assertive.

Favourite TV shows: Mutual Friends and The Steve Harvey Show.

Favourite Movie: War Room

Favourite Chocolate: Cadbury Dairy Milk with mint.

Favourite Drink: Schweppes Dry Lemon soda

Favourite food: Burger and chips

Favourite Colour: Turquoise

What is the best advice you have ever been given? "A calm sea will never make you a good sailor"

Your message to the first years: Be humble, focused and diligent. Stay true to yourself, someone is looking up to you.

HC Members 2016/2017

NAME: Arauna Liebenberg

NICKNAME: Arri

PORTFOLIO: Clothing and archives

BIRTHDAY: 29 April 199...

Degree: MBChB



PORTFOLIO BREAKDOWN:

CLOTHING:

I am responsible to dress the residents of Tuks Bophelong in full gear and to accessorize them with our logo and name.

In 2017 you can expect hoodies, T-shirts, tank tops, scarfs and beanies, socks, cardigans and sweaters. There is a budget pricelist attached at the back and please take note that you do not have to order something of everything or anything at all. This is just to spice up the res life for those who want to invest in some Bops spirit gear.

ARCHIVES:

Make your way to the organised interactive socials, sports fields and residence team building activities if you want to be featured in the future slideshows and memoirs of the residence. I will be clicking the flash away at these events.

Archives include the photographs of the Tuks Bophelong residents doing their best in Tuks Bophelong related and featured activities. I will also be responsible for our Archives section at res, creating our very own 2017 time capsule. Do make sure you are a part of it – everybody suffers from some degree of #FOMO (fear of missing out)!

MYSELF IN NO MORE THAN 12 WORDS:

Namibian. Lady. Honest. Loyal. Energetic. Punctual. Diligent. Bacon fanatic. Open-minded Christian. I don't Judge.

FAVOURITE TV SHOW: MasterChef (all of them)

FAVOURITE MOVIE: Supercross

FAVOURITE CHOCOLATE: Tribeca's Red Velvet cupcake (I don't really eat chocolates)

FAVOURITE DRINK: Tribeca's Chai Tea

FAVOURITE FOOD: Sushi

FAVOURITE COLOUR: Purple

BEST ADVICE I HAVE BEEN GIVEN:

Never limit your challenges. You must always challenge your limits.

MY MESSAGE TO THE FIRST YEARS:

Never back down, never give up and never quit. You started this race, finish it with pride. The poorest man isn't the one without a penny. The poorest man is the one without a dream. Suffer now and live the rest of your life as a champion.

HC Members 2016/2017

Name: **Isaac Masoleng**

Nickname: **Isaac**

Portfolios: **Treasurer, Transformation and Head of Social & Debate**

Birthday: **19 April 199...**

Degree: **MBChB**

Portfolio Breakdown:

- Managing all monetary affairs of the residence
- Ensuring cultural practices within the residence are as transformative and inclusive as possible
- Ensuring a balanced student life experience by organising socials between residences and within the residence
- Co-ordinate and manage the residence debating team

Describe yourself in no more than 12 words: I am ...

Favourite TV shows: Game of Thrones, SHERLOCK, Shameless, Breaking Bad, Mr Robot, Daredevil, Jessica Jones, Luke Cage, Community, Friends, Hawaii five-o, Wayward pines, Raising Hope

Favourite Movie: Too many to mention

Favourite Chocolate: Don't have one

Favourite Drink: Anything with the potential to be mixed

Favourite Food: ...

Favourite Colour: As long as it looks good it's fine. But mostly blue. I think

What is the best advice you have ever been given? If you will work for nothing else, work so that you don't go hungry



Your message to the first years:

You are entering a space where severely contrasting ideals and opinions reside. The best thing to do would be to accept this diversity and refrain from imposing your ideals on other people. If you learn to appreciate diversity, your experience of student life will be truly enriching.

HC Members 2016/2017

Name: **Kamohelo Mavhungu**

Nickname: **Kamo**

Portfolios: **Second year guardian, IT, Facilities and Maintenance**

Birthday: **28 March 199...**

Degree: **BCur**



Portfolio breakdown:

- Manage the IT lab in conjunction with the personnel from IT
- Ensure that the IT labs are in good condition at all times
- Reinforce IT lab rules
- Report any issues requiring Maintenance to the coordinator: Residence facilities
- Communication with IT department
- Assess control to labs (no unauthorized use/access)
- Book facilities for usage
- Assist with lost room keys after hours
- Mainly responsible for the wellbeing of the second years

Describe yourself in no more than 12 words: God-fearing, Creative, innovative, adventurous, respectful, tenacious, deductive, funny, kind, persistence and perseverance

Favourite TV show: Greys anatomy

Favourite movie: Law abiding citizen

Favourite chocolate: Cadbury chocolate with oreo/ any milk chocolate

Favourite drink: dry lemon

Favourite food: Macaroni, mince and cheese

Favourite colour: crimson maroon

What is the best advice you have ever been given: hardwork beats talent when talent doesn't work hard enough

Your message to the first years: don't study to pass the test, study for that moment whereby you stand between the patient and the grave.

HC Member of 2016/2017

NAME: Angelique van Drunick

NICKNAME: Angie

PORTFOLIOS: External culture and transformation

BIRTHDAY: 16 August 199...

Degree: BCur



PORTFOLIO BREAKDOWN:

External culture is about showcasing the talents of our resident members through:

1. Insync (formerly known as lenk melodienk)
2. Serrie
3. Serenade

INSYNC: Is a first year concert of each Res that each first year participates in which includes dancing, singing and the playing of instruments. Insync gives each first year the “residents’ life” experience and promotes bonding and interacting with different people. Insync is the highlight for every first year through becoming a part of the Res Family. Your parents will have the opportunity to come and watch you perform in the Aula or Amphi. Tickets will be made available and the first years will be notified in advance.

SERRIE: Is a Res performance similar to Insync but longer which includes all residents to participate and perform against and for different male, female and mixed residences, to contribute towards the success and pride of each residence. Serrie is about instruments, singing and dancing in a bigger mass.

SERENADE: Serenade is a national acapella singing competition which focuses more on the singing and instruments that are used and is on a smaller scale of participants.

Transformation: Includes the respect of human rights and to maintain a continuous diversity management program by promoting harmony between different cultural groups.

MYSELF IN 12 WORDS: Hardworking, Energetic, Trustworthy, Positive, Enthusiastic, Shows Empathy, Motivator, Reliable, Patient, Adventurous, Understanding and Helpful.

FAVOURATE TV SHOW: Code Black, Night Shift, Grey's Anatomy and Pretty little liars.

FAVOURATE MOVIE: Moulin Rough.

FAVOURATE CHOCOLATE: Any Chocolate!

FAVOURATE DRINK: Ice tea.

FAVOURATE FOOD: Any home cooked meal.

FAVOURATE COLOUR: turquoise and purple.

BEST ADVICE I HAVE BEEN GIVEN:

Believe you can and you are halfway there!!

MY MESSAGE TO THE FIRST YEARS:

University life is not easy, as it involves a lot of effort and dedication, but you are a capable person of achieving great measures and I know that you will continue to the end. NEVER stop until you are PROUD, because education is the most powerful weapon which you can use to CHANGE the WORLD.

HC member 2016/17

Name: **Tamzin van Drünick**

Nickname: **Tammy**

Portfolios: **First year Guardian and Marketing**

Birthday: **30 April 199...**

Degree: **BCMP**



Portfolio Breakdown:

First year guardian:

As first year guardian my first and most favorite job is to look after you beautiful incoming students. I will be like a big sister/ “mommy” at Res. You can feel free to come to me with any problems. I will be looking after you and will be seeing that you have a balanced student life, that you perform academically and still have all the opportunities to experience the full student life in sport and culture as well.

- Assist in terms of first years’ admission into the residence
- Ensuring that each new student feels welcome and at home
- Assist with arrangements and draw up a sensible welcoming week program for the 1st years
- Together with the sub-committee, physically welcome the students and provide them with the knowledge, information and support necessary for quick adjustment to student life
- Attend meetings with regards to the first years’ orientation and report back on the success of the program and the wellbeing of the first years
- Assist with programmes and activities as and when required by the Residence Management.
- Mainly responsible for the welling of the first years.
- Assist with ideas and implementation of activities and programs within the residence.

Marketing:

Here I take care of our monthly newspaper (TheWings), where all the months’ important dates, and last month’s achievements and many more interesting things will be communicated to each and every one of you. I also help with the maintenance of the social media accounts and the maintenance of the social media platforms. I also help with the communication within the whole residence. So if you would like to get ahead start please go like our facebook page, twitter account and Instagram account. (For the detailed account names see the fact sheet)

Remember to always have a look at the notice boards in the reception area for sign-up sheets, latest upcoming events and much more.

Describe yourself in no more than 12 words:

I am charismatic, loyal, spontaneous, hardworking, dedicated, loving and caring, creative, adventures and fun, as well as friendly and approachable who is a born leader. I have respect for myself and for others. I live by the value integrity.

Favourite TV show: Code Black and Grey's Anatomy, Pretty little liars and Vampire diaries

Favourite movie: Les Misérables, Moulin Rouge, All types of dance movies and romances

Favourite Chocolate: TimTam ☺

Favourite Drink: coffee or cocktail

Favourite Food: Pasta

Favourite Colour: Green

What is the best advice you have ever been given: Nothing comes easy in life but all your hard work will pay off. You will pick the fruits of all your hard work. Always challenge yourself.

Your message to the first years:

Hello my lovely first years and welcome to the best house ever.

A warm congratulations for being accepted into the prestigious residence, Tuks Bophelong.

I will be your "mommy" and your guidance for the exciting year ahead. You are about to embark on what can only be described as the most life changing journey. You are going to meet friends that you will have for the rest of your life, make memories that you will never forget and truly discover they gentlemen and lady that you are meant to be.

My experience at Tuks Bophelong has helped in guiding me by giving me the opportunity to partake in self-developing activities, and also by being surrounded by like-minded, ambitious ladies and gentlemen, many of whom have become role models to me.

They say you don't pick your res but your res chooses you. I have never known something to be as true as this. Tuks Bophelong has become home to me, as it will for you too, and the best part is that you will gain about 300+ brothers and sisters.

I cannot even begin to describe how excited I am to meet each and every one of you, and to see all the amazing things I know we are going to achieve. Together I know that we can make this year the most successful, fun, memorable year of Tuks Bophelong history

Don't be afraid to be different, don't be afraid to be yourself. Be original and not a copy. Stand out.

So enjoy the rest of your holiday and relax and prepare yourself for the ride of your life....

Here is my Favorite quote: be the change you want to see in the world.

Blocks:

Tuks Bophelong has 10(5) blocks A-E, and each block has a west and east side.

The first years will be staying in Block B and C West.

No one can enter the block unless they are a resident of Tuks Bophelong with their student cards.

Corridors:

Boys and girls stay in separate corridors

8 people per corridor

Each corridor has a kitchen, dining/sitting area

Two bathrooms and 2 showers per corridor

There is a food cabinet for each person in the kitchen

Each corridor has a stove and oven

A fridge and microwave







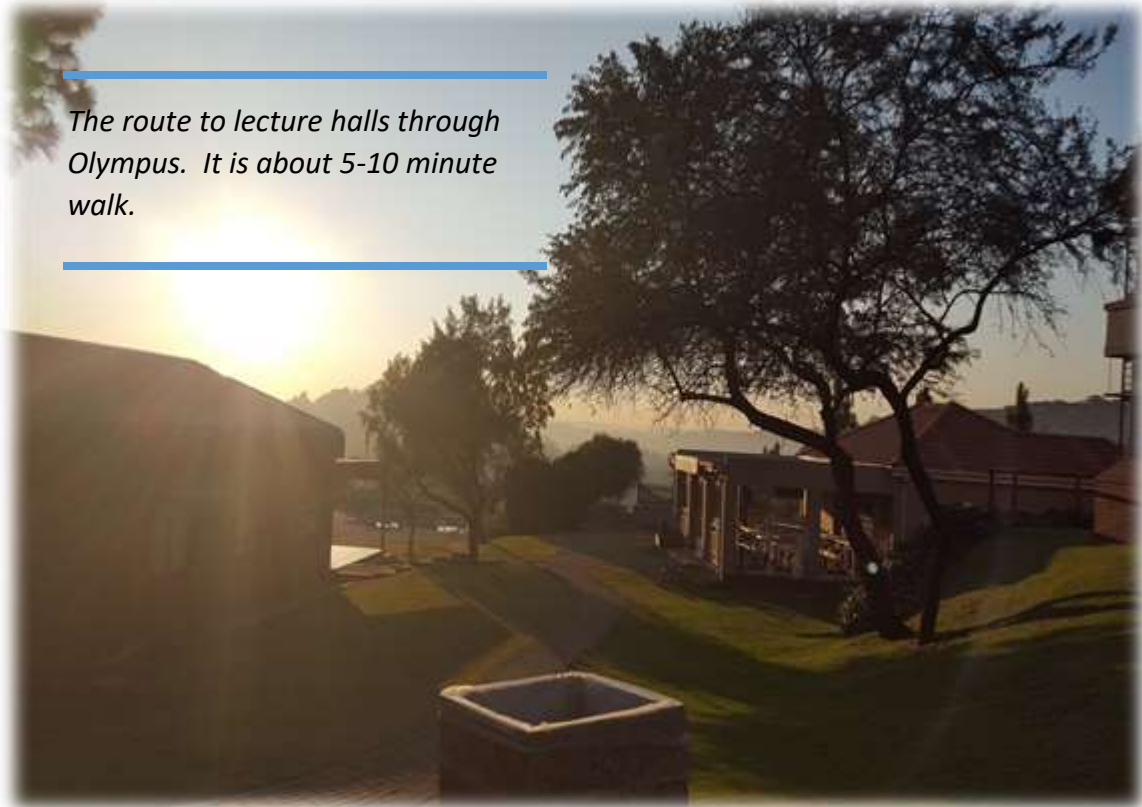
Reception area:

We have the Unity Hall, where the Neous will gather for lenk practises (INSYNC) as well as house meetings. In the Unity Hall we also have two TVs where you can sit and relax in your time off.

We also have a Cafeteria behind it.

The study centre as well as the IT labs are situated in this building as well.





The route to lecture halls through Olympus. It is about 5-10 minute walk.



Sitting/ lounge area in corridors.



Kitchen







Rooms:





Cupboards:







Additional information:

This is what Tuks Bophelong looks like inside and out. Each corridor looks exactly the same and each room has the same contents.

The photos of the room that is fully furnished does not mean that your room has to look like that. That is just how my friend did her room. You are free to decorate your room as you please. Just please do not hammer nails into the wall!

What to bring along to varsity:

NB! Lots of energy and loads of enthusiasm!

Kitchen:

- Cutlery
- Kettle (optional)
- Pots and pans (self-catering option)
- Mugs and cups
- Plates and bowls
- Tupperware
- Sunlight liquid and sponge to wash dishes
- Lock for your kitchen cabinet (optional)
- Can opener

Each corridor comes with a Fridge as well as a Microwave. There is enough place to have a fridge in your room if you want to bring one with.

Each person is responsible for their own dishes; the cleaner only comes in to clean the kitchen area, dining table and bathrooms.

Rooms:

- Duvet/comforter and Sheets (bedding)
- Pillows and pillow cases
- Desk Lamp (optional)
- Door stopper (optional) the doors don't stay open, they swing closed.
- Curtain (optional)
- Standing/ Floor Fan (Highly recommended but optional)
- Trash can
- Hangers
- Extension cords (optional)
- Printer (optional) (There is a printer in the IT labs you can use anytime with your student card where you have loaded money onto)

Each room comes with a bed and mattress, table and chair, bookshelf and cupboard. There is also a full length mirror and a white board. There are blinds in the room but there are hooks if you want to put a curtain up as well.

You can bring your own printer if you want; there is a printer at res that you can use at an additional cost.

You are responsible for cleaning your own room. All rooms are completely tiled.

Bathroom:

- Toiletries
- Towels and wash cloths
- Bathroom mat (optional)
- Flip flops for showering (optional)
- Shower cap (optional)

Each corridor comes with a mop, broom and dustpan; some people prefer to bring their own to clean their room.

Personal:

- Bring all documents and information that you received via post and of the university (proof of payments, guides, module booklets etc)
- Driver's license (if you have one)
- Bank Information
- Medical Insurance (if you have)
- Matric results (copies that are certified)
- ID Book or SMART card as well as copies that are certified
- ID photos
- Proof of Vaccinations

Others:

- Stationery (pens, pencils, highlighters, etc.)
- Exam pads/ books/ papers
- Files to store notes (optional)
- Calendar/ Desk Calendar
- Drawers or storage boxes (optional)

- Mop/broom and dustpan (optional)
- Batteries (for any electronics that you have)
- Umbrella
- Sewing kit
- Tool kit (optional)
- Alarm clock
- Flashlight
- Prestik
- White board markers
- First aid kit
- Medicine NB NB NB NB
- Bug spray/ Doom
- Board games (optional)
- Rug/Mat (optional)
- Sunscreen
- Hat
- Decorations to make your room HOME

All of you will have MTL (medical terminology), it is a good idea to make or buy flash cards so that when your semester starts it will be easier.

Each Room has its own LAN cable for internet. There are certain areas as well as the reception area that have WIFI as well.

Laundry:

- Laundry basket/bag
- Fabric softener
- Washing powder
- Iron (optional)
- Ironing board (not necessary)

We have washing machines and tumble dryers (at no extra cost as it is part of res). You can save yourself a lot of time and effort if you take your clothes immediately out of the tumble dryer and fold them, no ironing required!

RAG/JOOL (if possible, it is for a good deed)

- Vegetable seed packets
- Cable ties
- Old clothes and shoes
- Cans of food

SPORT

- Any sporting equipment needed (e.g. tennis racket, hockey stick, soccer ball etc.)
- Colorful outfit to wear for an aerobics class

CULTURE

- Musical Instruments (PLEASE PLEASE, bring them along for INSYNC (formerly known as IENKmelodienk) and music events that will occur throughout the year!!!! We need guitarists, violinists, even if you can play the triangle)

SOCIALS (Please don't spend money on these outfits – be creative rather!!!!!!)

Social with #1

- Date: 30 January 2017

Theme: Made up superheroes

Description: come dressed in a superhero outfit.

This outfit can be made up out of clothes that one already have. Eg. A cape made up out of a towel etc. It gives the first years an opportunity to be creative and build something “super” out of the ordinary stuff that they have. It can even be their own “Made up” superhero or it can be one that already does exist with a twist to it.

Sport social with #2 and #3

- Date: 31 January 2017

Dress code: Sport clothes or comfortable clothes with ‘tekkies’ or running shoes or bare feet

Social with #4 and #5

- Date: 1 February 2017

Theme: Christmas in January

Description of theme: the first years will come dressed up in an outfit that reminds them of Christmas. This theme is something different and allow the students to feel free to express themselves

Social #6

- Date: 2 February 2017

Theme: Funky socks amazing race

Dress code: Sport clothes or comfortable clothes with ‘tekkies’ or comfortable shoes with funky socks

Social with #7

- Date: 3 February 2017

Theme: I shouldn't be here party

Description: come dresses in an outfit that does not belong in the party scene. This outfit can range from an incredibly formal suit or dress to your “stay at home clothes”, even a sports outfit of any kind. It gives the first years the opportunity to be creative. Anything and everything goes.

Social with #8

- Date: 5 February 2017

Theme: My future looks bright

Description: The first years will come dressed up in their Tuks shirts and with sunglasses. This is a comfortable outfit and a hat if they like to.

RAG Social / ZEFF TROUE #JASMYN <3

- Wacky and outrageous clothes (things you might be embarrassed to wear in public)

ZEFF TROUE is where the chairperson of Tuks Bophelong (Nosipho) and the Primaria of House Jasmyn (Daniëlle) are married and it is the official indicator that we are ragging together.

CLOTHING

- Black shoes/ sandals
- Black or Blue long jeans

WHAT TO EXPECT

The first week of university is hectic! You will be following a strict program that has been planned up to the minute. It is inevitably busy, but you will be having loads of fun whilst you're at it. There is a reason why they call first year the best year that no person wants to repeat.

During this busy schedule we will be having socials, mass dates (with ladies and gents of course) and we will be practicing Insync.

Do yourselves a favour and watch the University of Pretoria Residence serrie, Insync (formerly lenk melodienk) and serenade performances on YOUTUBE. It is arguably the most fun you can have as a first year.

After orientation week the seniors will be moving into the residence which signals the start of RAG. RAG is not only a great cause, but it gives you as first years the opportunity to meet and work alongside the seniors in res. It is here especially where a can do attitude definitely counts in your favour.

Once lectures commence, the residence activities such as the sport, socials and serrie start, one will certainly experience a "culture shock". The reason for this is that university life requires so much time and we cannot stress how important time management is. Luckily you are surrounded with sisters and brothers that have experienced the exact same thing, thus take their advice and learn from it.

The residence does have mentorship programs in place as well as a "father and

Son" and "mother and daughter" tradition. Your residence father/mother will take you under his/her wing and ensure that you are performing as you should in all aspects of life.

Residence life requires more than just admiring the fun. It requires of you to participate. We would like to invite you to participate in all aspects of residence life as this truly does lead to the most fun time of your life.

So be prepared to be amazed!!!

GENERAL RULES

- No alcohol allowed in the rooms!
- No visitors allowed in the rooms between the hours of 00h00 and 08h00.
- All residence members are subject to the residence rules and will be disciplined in accordance with the policy of the university
- Silence must be maintained in and around the residence between 00h00 and 06h00
- No flooding of the rooms and or corridors are allowed
- No residence member is allowed to bring the good name of Tuks Bophelong or the university into jeopardy in any way whatsoever
- Placement for the following academic year is done based on first semester marks and not your year-end total.

No racism or hate speech whatsoever will be tolerated! Disciplinary action will be taken as part of corrective measures.

Very Important:

VERY IMPORTANT!

The welcoming week begins Saturday, 28 January 2017 and ends on Sunday, 5 February 2017.

First years may move in on Friday, 27 January 2017 from 12H00

(this is for special cases if first years cannot move in on Saturday, 28 January 2017).

First years can start moving in from 06h00 on Saturday, 28 January 2017. **ALL FIRST YEARS HAVE TO MOVE IN NO LATER THAN 15H00 ON SATURDAY, 28 JANURAY 2017.**

All parents are cordially invited to attend the meeting with the first years and house management which **strictly starts at 15h00** in the Unity Hall of TUKS Bophelong. The meeting will end at **16H00** and, due to our strict schedule; **all parents have to leave by 16h10 at the latest.** We do understand that the parents want to say goodbye, but we cannot afford to fall behind on our schedule. Apologies for any inconvenience in this regard.

The first years do have **compulsory clothing** which they do have to buy and the latest date of payment is on Saturday, 28 January 2017.

The following costs are involved:

R500 Package deal (COMPULSORY)

Includes:

- **First year golf shirt**
- **Tuks B bag**
- **Bandanna**
- **Gift 😊**
- **O-week social events**

Tuks Bophelong Banking details	
Name of Account	KLUBBATE VSR
Bank	ABSA
Branch	HATFIELD
Branch Number	632005
Account number	2140450033

Please use the following reference:

**X0X960 (0=ZERO) +
Student initials and
surname**

The reference number is crucial when effecting payments. Any payments made without the reference number will not be transferred to the residence and we cannot provide the clothing without the confirmation thereof.

Please print and bring a copy of the proof of payment on the 28th of January 2017 to receive your house clothing. AND email it to tamzinvd@gmail.com WITH YOUR NAME AND SURNAME AND STUDENT NUMBER

Please Bring along additional ±R120 for you RAG shirts please!!! It is compulsory!

Why it is important to have your house shirt!

The house shirt creates a sense of unity in the house; it's kind of like our own special brand.

The shirt will also prove to be very useful in welcoming week as you'll be able to spot people from your res easily (believe me the first few days are overwhelming, you are going to want to stick together).

This house shirt will be worn with either black or dark blue jeans and black sandals or shoes. No other pants will be worn with this shirt!

Initially you will wear your outfit during welcoming week program; thereafter you will wear it every Tuesday for Res spirit # TuksBTuesday

Please note that if you play any sport for Tuks Bophelong, you have to buy all the necessary TuksB sports clothing to be allowed to compete. This is a TUKS rule.

Songs:

TuksB WAR CRY!

We lay it down, we make it solid

So fly, superb, we know we got it.

La re bona naa?

rena dinatla.

Re tswa Tuks Bophelong re tla ka matla.

Maak plek want ons is oppad

Of Pegasus gaan op jou trap.

Laat staan sulke dinge laat staan (x3)

Kuikens:

I see you come you hair

And give me that grin

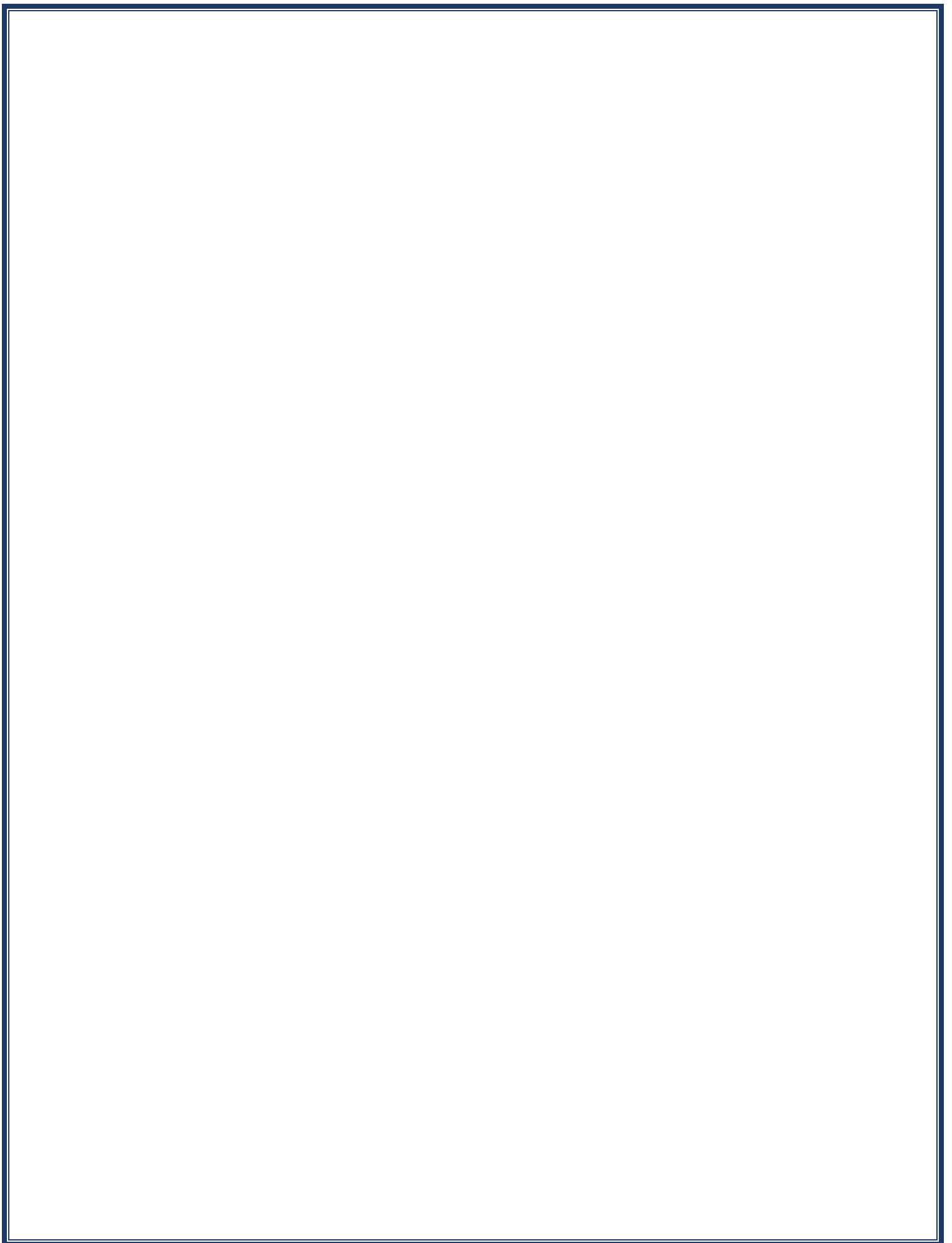
It is making me spin now, spinning within

Before I melt like snow

I say hello

How do you do, Kuikens, How do you do?

(x2)



Moving in Day 28 January 2017!!

Friday: 27 January 2017

12:00 – 18:00
Moving in: Welcoming and Reception of Parents and registration of first years

Saturday: 28 January 2017

06:00 - 15:00	15:00 – 17:00	17:00 – 18:00	18:00 – 19:00	19:00 – 21:00	21:00 – 21:30	21:30 – 22:00	22:00 – 22:30	22:30 – 23:00	23:00
Moving in: Welcoming and Reception of parents and registration of first years	Formal welcome ; HC	Supper	Travel time and mass date Mass date with Huis Jasmyn	TuksRes opening at Rembrandt Hall Tuks transport (busses) for prinshof to LC	Travel time	admin	Corridor sessions Look into if everyone is fine, ask for place of assistance, clear up uncertainties, and are the first years settled in? Give them maps of campuses.	Private/ shower time	Lights out

How do we get there???



Coordinates: -25.7306114, 28.1993188

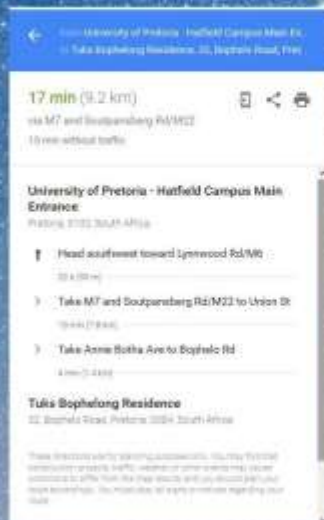
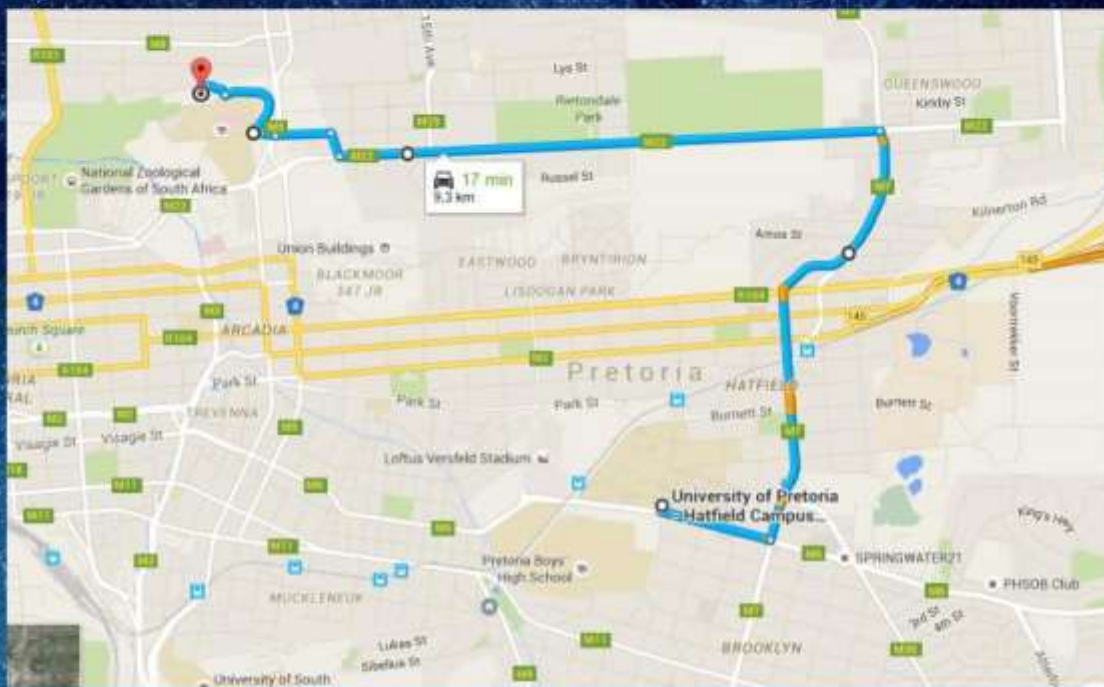
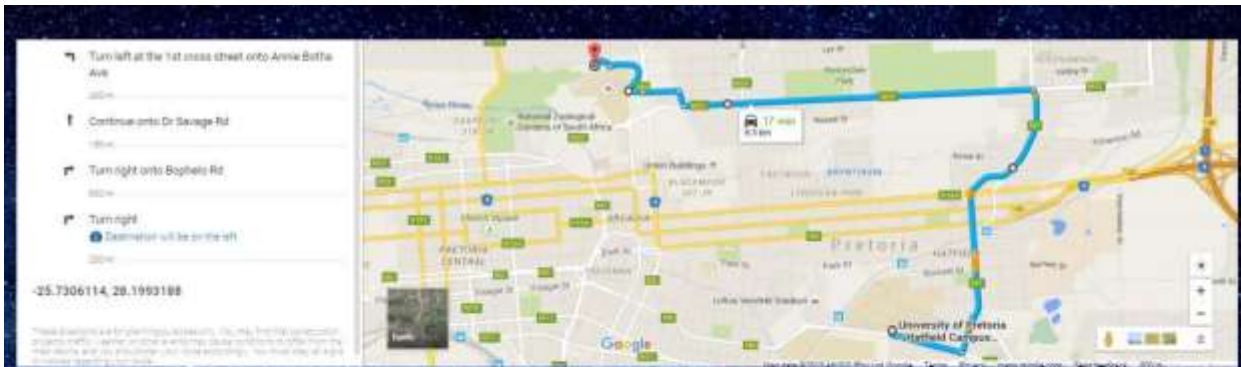
(Copy and paste this into your GPS or phone)

Address: 32, Bophelo Rd, Pretoria, 0084, South
Africa

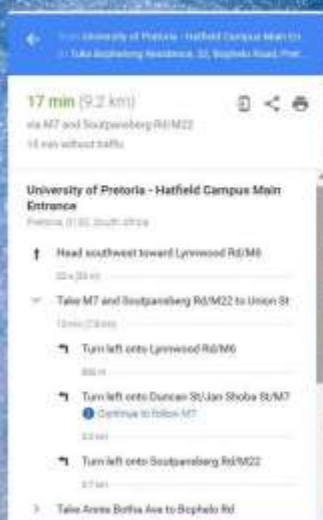
website: <https://goo.gl/maps/ArnNSJvMeMC>



We look forward to meeting you!



1



2



3

Contact details for 2016/17

Portfolio	Name and Surname	Contact Number	E-mail Address
Chairperson and discipline	Nosipho Zwane	0810757528	u12156826@tuks.co.za
Vice Chairperson, internal culture & traditions	Sabelo Masombuka	0780346995	Mkonenism@gmail.com
Vice Chairperson, Academics & Mentorship	Amilcar Thobejane	0721135311	milky.thobejane@gmail.com
Community Outreach & green initiatives	Noko Tlabela	0793672392	thapedi@tlabelatelecoms.com
Sports, Safety & security	Phahledi Ngoepe	0817829902	u13304072@tuks.co.za
Secretary & Admin	Ngoakoana Gwebu	0782201415	Ngoakoana.gwebu@gmail.com
Spiritual & Wellbeing	Nteboheng Langa	0731531875	ntebohengroselanga@gmail.com
Clothing & Archives	Arauna Liebenberg	0798443805	a.lblu52@gmail.com
Treasurer & Socials	Isaac Masoleng	0797306592	ipmasoleng@gmail.com
Second year guardian, IT, Facilities & maintenance	Kamohelo Mavhungu	0746450335	Kamza.vhungu1@gmail.com
External Culture	Angelique van Drunick	0784065323	angeliquevandrunick@gmail.com
First year guardian & marketing	Tamzin van Drunick	0798779328	tamzinvd@gmail.com
House Parent	Dr Pieter Clase	0124203592 (Office) 0829244248 (Personal no.)	Pieter.clase@up.ac.za
Building coordinator	Esther Nkuna	0123192482 (Office) 0829092267 (Personal no.)	Esther.nkuna@up.ac.za



What to send to me:



The following documents need to be emailed to me before you arrive at Residence.

Please ensure that I have these documents before the 11th of January 2017

Please complete Addendum A and Addendum B

Once completed please attach the following:

- A recent single photo of yourself
- A copy of your Medical Aid Card, this is really really really important!!
- Sport and Culture questionnaire forms

The purpose of the questionnaire is to help us find you a suitable CORRIDOR MATES and to make sure we cater for your individual preferences and make arrangements for activities which you may want to participate in.

The medical information is crucial. In the case of emergency. I may not be able to reach your parents, but will still have all your important details. Keeping this information on record will ensure that you are being well looked after during your first year.

I cannot wait to meet you 😊

Prepare yourself for a year that will be UNFORGETTABLE!

Addendum A

SURNAME:	
FULL NAMES:	
NICKNAME:	
YOUR CELL NUMBER:	
ID NUMBER:	
STUDENT NUMBER:	
STUDY COURSE (BA, BCOM ETC):	
HOME LANGUAGE:	
ETHNIC GROUP:	
RELIGION:	
FATHER – TITLE, NAME, SURNAME EMPLOYER and number	
MOTHER – TITLE, NAME, SURNAME EMPLOYER and number	
OR GUARDIAN – TITLE, NAME, SURNAME EMPLOYER and number	
MEDICAL AID NAME AND NUMBER:	
DO YOU SUFFER FROM ANY MEDICAL CONDITIONS OR ALLERGIES? IF SO, WHAT?	
DO YOU USE ANY MEDICATION – DESCRIBE:	

Addendum B

First Years of 2017:

Insert Picture



Name:

Nickname:

Birthday:

What Languages do you speak?

Religious views:

Where are you from?

What High School are you currently attending?

What will you be studying?

Do you prefer a mentor?

Why did you apply for this degree?

Describe yourself in 12 words:

Do you play any sports and if so which ones:

Do play any instruments and which ones?

Do you have any green initiatives, and please mention them?

Would you like to be assigned a Residence mother?

Will this be the first time you won't be staying under your parent's roof?

Do you have any siblings?

Your idea of varsity?

Are you ready for Res life and why do you think so?

Favourite Food:

Favourite Drink:

Favourite Songs:

Favourite Movie:

Favourite TV shows /series:

Favourite Colour:

Favourite Board game:

role models :

Things that make you cringe?

Things you're passionate about?

Night in or night out or other?

Afrikaans or English or other?

Animations or Fantasy or other?

Facebook or Instagram or whatsapp or twitter?

Cooking or Takeout's?

Books or Movies:

Introvert or extrovert?

Rugby fan or Soccer Fan?

What do you know about Greek Mythology?

What would you like to have and experience in Res eg. Prayer room, Zumba classes etc.

Your goals and dreams for 2016: