



hpc... your training centre of choice

For any sport enthusiast a day at the hpc would be a dream come true, the High Performance Centre (hpc) of the University of Pretoria can be described as a haven for world-class athletes from around the globe and South Africa.

Not only is the hpc the training centre of choice for the 2012 Olympic medallists namely, the lightweight fours rowing teams, Caster Semenya and Bridgitte Hartley, it is also the everyday training centre of choice for many elite South African Athletes namely, Khotso Mokoena, Philip Buys, Karin Prinsloo, Wian Sullwald, Kate Roberts, Kim Williams, Jacques van Zyl, LJ van Zyl and Charne Bosman, to name a few.

The hpc also indirectly contributed to 12 medals won by international athletes of other countries such as Yannich Agnel and Camille Muffat from France, Bettie Heidler and Robert Harting from Germany, Gerasimenya Aleksandra from Belarus, who used the hpc as one of their training bases prior to the London Olympics.

Could the uniqueness of having a full spectrum of services under one roof be the reason why athletes and teams return to the hpc? From hotel, group/team accommodation, access to the sport-science gym, sport facilities, conferencing facilities, sport science and medical unit or the 'Time Out' Café, this is but a few of the options that our guests can choose from.

The General Manager of the Hospitality and Operations division at the hpc, Colin Stier, says the packages are tailor-made to suit each guest/team's individual needs, you can choose from full board, semi-board or bed & breakfast, you can decide if you require access to the sport-science gym, top quality sport facilities, conferencing facilities or the 'Time Out' Cafe which is a fully licensed restaurant.

The main hotel is housed on the top floor of the hpc and boasts spectacular views of the sporting grounds and surrounding Pretoria. Visitors stay in 3-star comfort while being offered use of the centre's full spectrum of services.

The group/team accommodation consists of four-star residence-style rooms with en-suite bathrooms, running parallel to the rugby fields and overlooks the 25m heated swimming pool.

Teams and individuals also have the option to make use of the sport science and medical division at the hpc which include doctors, physicians, strength and conditioning specialists, rehabilitation, psychologists, biokinetics and physiotherapists, at an additional cost.

Full spectrum of services under one roof, yes we would say so, why not try our services and see what a holistic way of living is all about!

Guest transportation is offered to all guests through its fleet of vehicles and arrangements can be made for trips through a dedicated tour operator.

Reservations can be made on:
Phone: 012-362-9800
Fax: 086-636-3992
E-mail: reservations@hpc.co.za

