

Griet Griet



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The next *GrietGriet* will appear in November 2012. *GrietGriet* is ook in Afrikaans beskikbaar - verwittig ons asseblief indien jy 'n Afrikaanse kopie verkies.



Claire Pienaar

Guest speaker at the ladies tea



Magrietjie had a 2-metre high banner produced to use on special occasions. Maer-Grietjie and our residence values are proudly displayed on the banner.

STYLISH LADIES TEA

On Sunday, 20 May the Magrietjie ladies were treated to a special performance by the serenade group, followed by a life-enriching presentation by Claire Pienaar (née Curtis), an ex-Prim from Magrietjie. Claire is a lady that leads by example, especially in character. She started her leadership role in 2001 as Head girl of Edenglen High school. In 2004 she served on the House Committee of the best residence on the Tukkies campus and was appointed as Primaria of House Magrietjie in 2005. After obtaining her B-degree in Political Science, she completed her Honours degree in Historical studies for which she received a Golden Key award. Today she is a mom, wife, lifestyle and health consultant, and owner of *CP Writing Services*.

Claire is someone with passion for her fellow human beings, who like to support them to achieve their full potential. At the ladies tea she talked about the meaning of physical, emotional and spiritual welfare and the way in which you can make it part of your everyday life.

A brief summary of her presentation follows: Various aspects, addressing the welfare of young women were discussed. Claire indicated that small changes are necessary to improve your physical well-being, such as increasing water consumption to 2.5 litres per day and to gradually start exercising for approximately 30 minutes, three times a week. She said that "if you do not make time to exercise, remember to make time to be ill". Her discussion on emotional and spiritual "fitness" emphasised that emotional issues sometimes arise because of physical problems. An individual has to make some choices to live the life that God planned for you, namely to be thankful for who you are, to stop making comparisons between yourself and others, as well as to stop worrying about debt and financial matters. Magrietjies were urged to discontinue any negative behaviour and replace it with new and positive habits. There is no limit to develop into and becoming the best YOU. Wellbeing can be obtained through love and grace, but it is still up to you to maintain a better level of overall welfare.

The morning concluded with a delicious breakfast followed by pink birthday cake. It really was an intimate morning where mothers and daughters, together with ex-Magrietjies, enjoyed the warm winter sun on Magrietjie's lawn.

Read more about our **GOLF DAY AND FESTIVAL DINNER** in September on page 3.



SERRIE FINALS!

Certainly one of the best so far!!! Magrietjie "constructed" their way to a **second place** around the theme *The Twin Towers rebuilt*. Culture External, Simone Groenewald, was determined to have a first class performance and ensured everybody had an unforgettable experience! She was successful in both! The Magrietjie "poppie" stereotype was challenged and would not be used anytime soon to describe the Magrietjies. It was a great challenge to get everybody "in character". As true construction workers of the Twin Towers, this serrie was definitely a fresh approach which would not be forgotten soon!



Amphi theatre – Magrietjie 'builders' at the Serrie final

SONOP CULTURE EVENT

"Wild Wild West" was the theme for the main annual culture evening in conjunction with Sonop. The terrain of this much loved men's residence was transformed into a small Wild West town with a *saloon*, jail, bank and *rodeo* bull. The décor was completed when Magrietjies and Sonoppers were surprised by seeing their faces on some *Wanted* posters. Culture Internal, Zandri Toerien, most certainly paid a visit to *Facebook* to get her hands on these photos! Earlier the week at the house meeting, a brief dance routine was shown to all Magrietjies and every time the song *Cotton Eyed Joe* played, the whole house was on the dance floor to execute the



dance. The *cowboys and Indians* had a splendid culture evening with loads of fun.

FESTIVAL WEEKEND

In line with our festival year we organised a "closed" weekend for the whole house. The programme was packed, including the university Open Day on Saturday morning. Friday evening started with a romantic comedy movie

screening *"The Vow"* where the recreation hall was transformed into one big pyjama party with lots of popcorn!! All the Magrietjies, with tears in their eyes and enough tissues close at hand, enjoyed the movie on this cold winter's evening. Early Saturday morning everyone was up to clean the residence and to prepare for the prospective Spikkels and their parents. Even before the last matric pupil could say "see you next year" the first game of volleyball started on the lawn. Jip, Magrietjie FLOOR-SPORT was underway. The floors were competing for the title in soccer, table tennis, volleyball, 3-legged sprint and egg throw. Taaibos surprised us with a friendly visit and an instant RAG reunion took place. The highlight was the *"dance off"* at the end of the day with Floor 3 setting the tone. The overall winner of the day was shared between floors 4 and 7. The day was an overwhelming success and definitely not the last. As if we needed more fun, Sunday morning was filled with a ladies tea, attended by Magrietjies and their mothers as well as alumni. A fun filled weekend, which may set the scene as an annual event!



Spikkels in action during the tug-of-war

IN MAGRIETJIE'S CARE

Rag projects took it a notch up this year with the adoption of 2 little girls – aged 5 and 8. Magrietjie obtained a sponsor to pay the school fees of Joy Alphane and Zenith Ling in 2012! The annual costs amount to R2400 per girl. This project is very dear to our hearts and we hope to support them through their entire school career. If you are interested to act as a sponsor for a year, please send an e-mail to magrietjie@up.ac.za and we will take the process further. Salt and Light Christian School will send us reports and photos to keep us on track regarding the progress of the two girls. Joy (8) likes to play tennis and Zenith (5) enjoys cutting photos and pictures from magazines. Don't they already look like potential Magrietjies?!



Joy



Zenith



Ex-Magrietjie, Kobie Odendaal, made a generous donation to Magrietjie to help cover some Festival year costs. Thank you so much Kobie - your donation is highly appreciated!!!!



TREASURE CHEST

Martmeri Roos writes:

"Thank you for the newsletter – always nice to see what is going on in the palace!"

Elzaan Cook (née Smuts) writes:

"Nice to see you are doing well! So proud to see this beautiful newsletter and interesting activities!"

Elaine Knight (née Van Heerden) writes:

"Thank you for the newsletters! It is the highlight of my day to receive a newsletter and remember all those wonderful years! Your planning seems excellent and I wish I could be part of it!! All the best and take lots of pictures for the next newsletter! Pink greetings from a very cold Scotland."

Thank you very much for all the messages received! It makes all the hard work worthwhile! - Ed



Editor:
Sunette Botha

CARNIVAL

Magrietjie's Carnival day took place on 28 July and we will share more about this day in the next newsletter. If you've missed out on the Carnival, be sure to participate in our golf day and festival dinner! See details below.

GOLF DAY

What happens if the Primaria realises that the money is LOW and the Festival year is massive?! She simply jumps in and organises a golf day. That is exactly what the Primaria, Esbé van Zyl did. Magrietjie is busy organising a golf day in association with the Cancer Association of South Africa (CANSAs) with the main aim to collect funds for CANSAs and the festival year activities. We need 120 players to participate in the golf tournament, consisting of 30 four-balls. Except for participation (@ R400 per person), we also have a huge need for sponsors to ensure a successful day. Please contact us per e-mail (magrietjie@up.ac.za) if you, your husband or friends are interested to participate in the golf day or act as a sponsor. The date of the golf day is **28 August at the Waterkloof Country Club**. More information is available on the Magrietjie website under Festival year 2012 (www.up.ac.za/magrietjie). We as Festival Year House Committee would like to ask you as ex-Magrietjies to please support us in this project (a 1st for Magrietjie). The golf day is very special to us as one of our Spikkels is currently diagnosed with cancer in her knee. Riamien had to discontinue her studies, midyear to receive further treatment, but we are all hopeful that she will return to complete her studies.

Please send an e-mail (magrietjie@up.ac.za) if you are interested or able to support our golf day in any way possible.



FESTIVAL DINNER

As you may know, our festival dinner is taking place on **15 September!!** Hopefully this date is already written in your diary as we plan an unforgettable evening for all current and past Magrietjies. Remember that the availability of tickets is unfortunately limited. The dinner ticket includes: a welcome drink, a three course meal, a unique Magrietjie gift and a dance in the City Hall of Pretoria. The parking cost is also included in the price of the ticket. If you already made a payment for the dinner, it is important to send us your contact details, your year group in Magrietjie and maybe names of other Magrietjie ladies to share a table with. The time is running out and we would like to finalise our table settings.

Venue: Pretoria City Hall

Date: 15 September 2012

Dress: Formal, mask is optional

Cost: R700 per couple or R390 for a single ticket

RSVP by Monday 13 Augustus by making a payment

Payment can be made into the following account:

Account name: Klubbate VSR

Bank: ABSA, Branch code: ZA632005

Account no: 2140450033

Reference no: XOL816 (Your surname and 'FD')

Please Fax proof of payment to: 086 543 6484 or e-mail proof to: magrietjie@up.ac.za

** Please remember the ref nr XOL816 (the 0 is a zero) including your surname, followed by the letters FD.

*** **VERY important: The proof of payment must include the following information for**

administration purposes (and sent to email: magrietjie@up.ac.za):

- Name and surname
- Cell number
- E-mail address
- 1st year in Magrietjie (example 1999 Spikkel)
- Table settings (names and surnames of people you would like to share a table with)



Till next time in *GrietGriet* in November 2012...

