



University of Pretoria Yearbook 2025

Bachelor of Sports Science [BSportSci] (10135010)

Department Biokinetics and Sports Science

Minimum duration of study 3 years

Total credits 407

NQF level 07

Programme information

This three-year full-time BSportSci programme includes basic and applied sciences of the human body and provides a pathway towards a BScHons (Biokinetics) or a BScHons (Sports Science). Qualified BSc (Sports Science) students may also either apply for the Postgraduate Certificate in Education or start working in the sporting industry.

Admission requirements

Important information for all prospective students for 2025

The admission requirements apply to students who apply for admission to the University of Pretoria with a **National Senior Certificate (NSC) and Independent Examination Board (IEB) qualifications**. [Click here](#) for this Faculty Brochure.

Minimum requirements			
Achievement level			
English Home Language or English First Additional Language	Mathematics	Physical Sciences or Life Sciences	APS
NSC/IEB	NSC/IEB	NSC/IEB	
4	4	4	30

For advice on a second-choice programme, please consult a Student Advisor. To make an appointment, send an email to carol.bosch@up.ac.za.

Life Orientation is excluded when calculating the APS.

Applicants currently in Grade 12 must apply with their final Grade 11 (or equivalent) results.

Applicants who have completed Grade 12 must apply with their final NSC or equivalent qualification results.

Please note that meeting the minimum academic requirements does not guarantee admission.

Successful candidates will be notified once admitted or conditionally admitted.

Applicants should check their application status regularly on the UP Student Portal at [click here](#).

Applicants with qualifications other than the abovementioned should refer to the International

undergraduate prospectus 2025: Applicants with a school leaving certificate not issued by Umalusi (South Africa), available at [click here](#).

International students: [Click here](#)

A limited number of places are made available to citizens from countries other than South Africa (applicants who are not South African citizens), with those from SADC countries being given preference. Applicants who have multiple citizenships, including South African citizenship, will be considered to be South African.

Transferring students

A transferring student is a student who, at the time of applying at the University of Pretoria (UP) is/was a registered student at another tertiary institution. A transferring student will be considered for admission based on NSC or equivalent qualification and previous academic performance. Students who have been dismissed from other institutions due to poor academic performance will not be considered for admission to UP.

Closing dates: Same as above

Returning students

A returning student is a student who, at the time of application for a degree programme is/was a registered student at UP, and wants to transfer to another degree at UP. A returning student will be considered for admission based on NSC or equivalent qualification and previous academic performance.

- Students who have been excluded/dismissed from a faculty due to poor academic performance may be considered for admission to another programme at UP, as per faculty-specific requirements.
- Only ONE transfer between UP faculties and TWO transfers within a faculty will be allowed.
- Admission of returning students will always depend on the faculty concerned and the availability of space in the programmes for which they apply.

Closing date for applications from returning students is the same as the above.

Note: Any deliberate omission of information, or false information provided by an applicant in the application may result in the immediate cancellation of the application, admission or registration.

Other programme-specific information

Students who obtain a 4 or 5 in the compulsory Academic Literacy Test (TALL) will be exempted from the ELH 121 and ELH 122 modules.

Examinations and pass requirements

- In accordance with the stipulations of the General Academic Regulations a year, semester or quarter mark of at least 40% is required for admission to the examination in all undergraduate modules in the University where year, semester and quarter marks apply.
- The final mark for a specific module is calculated from the examination mark as well as the mark compiled from the evaluation of a student during continuous, objective and controlled assessment opportunities during the course of the semester/year. A final mark of at least 50% is required to pass.
- In the case of modules with practical components, students are required to also comply with the applicable attendance requirements with regard to acquiring practical skills before a pass mark can be obtained for the module.
- There are two main examination opportunities per annum, the standard and supplementary examination. In respect of first-semester modules, the standard examination opportunity is in May/June and the supplementary examination opportunity in July. In respect of second-semester modules, the standard



examination opportunity is in October/November and the supplementary examination opportunity in November/December of the same year. Only two examination opportunities per module are allowed. If a student fails a module at the second examination opportunity, the module must be repeated.

- A supplementary examination opportunity in a module is granted to students in the following cases:
- If a student obtains a final mark of less than 50% in the relevant module at the standard examination opportunity and thus fails.
- If a student does not obtain the subminimum in the examination, as required for a specific module.
- If a student does not sit the examination in a module at the standard examination opportunity due to illness, official UP recognised sports participation or extraordinary circumstances.
- If a student fails a module at the standard examination opportunity, the examination mark obtained in the relevant module at the supplementary examination opportunity will be calculated as the final mark. The marks obtained with continuous evaluation during the course of the semester/year will not be taken into calculation. If the student passes the module at the supplementary examination opportunity, a maximum of 50% is awarded as a pass mark to the module in question.
- If a student could not sit the examination in a module at the standard examination opportunity due to illness, official UP recognised sports participation or extraordinary circumstances, the continuous evaluation mark, together with the examination mark obtained in the module in question at the supplementary examination opportunity, will be calculated as the final mark obtained in the module.
- A student requiring a limited number of modules to complete his or her degree, may in terms of faculty regulations, be admitted to a Chancellor's examination in the modules in question.

Promotion to next study year

Admission to the second year of study

- To be admitted to the second year of study, a student must pass PRC 100, EXE 110, FSG 110, MTL 180, ANA 123, EXE 120 and FSG 120.
- Modules can only be repeated if they can be accommodated within the existing examination timetable.
- Students who are repeating the first year of study, retain credit for examination modules passed.

Admission to the third year of study

- To be admitted to the third year of study, a student must have passed all the first and second-year modules.
- Students who are repeating the second year of study, retain credit for examination modules passed.

Academic exclusion

- A student following the BSportSci programme will only be allowed one opportunity to repeat a year of study.
- A student who does not comply with the abovementioned requirements but nevertheless wishes to be admitted to the School, may request the Dean/Chairperson in writing to consider his or her application for readmission in accordance with the prescribed procedure.

Pass with distinction

The degree is conferred with distinction on a student who obtains a cumulative average of at least 75% for all modules over the three years of study (not rounded).



Curriculum: Year 1

Minimum credits: 136

Fundamental modules

Academic information management 111 (AIM 111) - Credits: 4.00

Academic information management 121 (AIM 121) - Credits: 4.00

Academic English for Health Sciences (BNurs, BDietetics, BOH, BOT, BRad and BPhysio) 121 (ELH 121) - Credits: 6.00

Academic English for Health Sciences 122 (ELH 122) - Credits: 6.00

Academic orientation 110 (UPO 110) - Credits: 0.00

Core modules

Introduction to human anatomy 123 (ANA 123) - Credits: 8.00

Sports injuries I 110 (EXE 110) - Credits: 12.00

Research I 111 (EXE 111) - Credits: 12.00

Motor learning and development I 120 (EXE 120) - Credits: 12.00

Exercise science programme development 121 (EXE 121) - Credits: 12.00

Measurement and evaluation I 122 (EXE 122) - Credits: 12.00

Physiology 110 (FSG 110) - Credits: 6.00

Physiology 120 (FSG 120) - Credits: 6.00

Medical terminology 180 (MTL 180) - Credits: 8.00

Physics for biology students 131 (PHY 131) - Credits: 16.00

Sports practical 100 (PRC 100) - Credits: 12.00



Curriculum: Year 2

Minimum credits: 141

Core modules

Motor learning and development II 221 (EXE 221) - Credits: 16.00

Sports injuries II 222 (EXE 222) - Credits: 16.00

Nutrition for exercise and sport 223 (EXE 223) - Credits: 16.00

Basic emergency care 286 (GNK 286) - Credits: 5.00

Sports practical II 201 (PRC 201) - Credits: 16.00

Exercise physiology I 212 (SMC 212) - Credits: 14.00

Biomechanics I 213 (SMC 213) - Credits: 16.00

Human anatomy II 214 (SMC 214) - Credits: 16.00

Exercise physiology II 221 (SMC 221) - Credits: 14.00

Event and facility management 211 (SMS 211) - Credits: 12.00



Curriculum: Final year

Minimum credits: 130

Core modules

Exercise science programme development II 310 (BGN 310) - Credits: 15.00

Measurement and evaluation II 320 (BGN 320) - Credits: 15.00

Biomechanics II 321 (BGN 321) - Credits: 15.00

Research II 301 (EXE 301) - Credits: 20.00

Sports injuries III 310 (EXE 310) - Credits: 15.00

Sports psychology 212 (MBK 212) - Credits: 10.00

Exercise science practice 301 (PRC 301) - Credits: 20.00

Exercise physiology III 320 (SMC 320) - Credits: 20.00

General Academic Regulations and Student Rules

The [General Academic Regulations \(G Regulations\)](#) and [General Student Rules](#) apply to all faculties and registered students of the University, as well as all prospective students who have accepted an offer of a place at the University of Pretoria. On registering for a programme, the student bears the responsibility of ensuring that they familiarise themselves with the General Academic Regulations applicable to their registration, as well as the relevant faculty-specific and programme-specific regulations and information as stipulated in the relevant yearbook. Ignorance concerning these regulations will not be accepted as an excuse for any transgression, or basis for an exception to any of the aforementioned regulations. The G Regulations are updated annually and may be amended after the publication of this information.

Regulations, degree requirements and information

The faculty regulations, information on and requirements for the degrees published here are subject to change and may be amended after the publication of this information.

University of Pretoria Programme Qualification Mix (PQM) verification project

The higher education sector has undergone an extensive alignment to the Higher Education Qualification Sub-Framework (HEQSF) across all institutions in South Africa. In order to comply with the HEQSF, all institutions are legally required to participate in a national initiative led by regulatory bodies such as the Department of Higher Education and Training (DHET), the Council on Higher Education (CHE), and the South African Qualifications Authority (SAQA). The University of Pretoria is presently engaged in an ongoing effort to align its qualifications and programmes with the HEQSF criteria. Current and prospective students should take note that changes to UP qualification and programme names, may occur as a result of the HEQSF initiative. Students are advised to contact their faculties if they have any questions.