



# University of Pretoria Yearbook 2025

## Bachelor of Dietetics [BDietetics] (10139003)

**Department** Human Nutrition

**Minimum duration of study** 4 years

**Total credits** 548

**NQF level** 08

### Programme information

The programme extends over four academic years during which period a student receives practical training as a student dietician at an institution or institutions approved for this purpose by the University.

After admission to the first year of study, each student in Dietetics must register as a student in Dietetics with the Health Professions Council of South Africa.

Students are required to complete at least four weeks applicable elective training (Code DTT 380) under the supervision of a dietician at an institution approved for this purpose by the University, after the first semester of the third year of study and prior to the commencement of the fourth year of study.

Note: Students who enrolled for the BDietetics degree programme prior to 2105 will complete the degree under the old curriculum. However, students who will have third-year status in 2020 will be transferred to the new curriculum.

### Admission requirements

#### Important information for all prospective students for 2025

The admission requirements below apply to all who apply for admission to the University of Pretoria with a **National Senior Certificate (NSC) and Independent Examination Board (IEB) qualifications**. [Click here](#) for this Faculty Brochure.

Minimum requirements			
Achievement level			
English Home Language or English First Additional Language	Mathematics	Physical Sciences	APS
NSC/IEB	NSC/IEB	NSC/IEB	
4	4	4	<b>28</b>

For advice on a second-choice programme, please consult a Student Advisor. To make an appointment, send an email to [carol.bosch@up.ac.za](mailto:carol.bosch@up.ac.za).

Life Orientation is excluded when calculating the APS.

Applicants currently in Grade 12 must apply with their final Grade 11 (or equivalent) results.

Applicants who have completed Grade 12 must apply with their final NSC or equivalent qualification results. Please note that meeting the minimum academic requirements does not guarantee admission. Successful candidates will be notified once admitted or conditionally admitted.

Applicants should check their application status regularly on the UP Student Portal at [click here](#).

**Applicants with qualifications other than the abovementioned** should refer to the International undergraduate prospectus 2025: Applicants with a school leaving certificate not issued by Umalusi (South Africa), available at [click here](#).

**International students:** [Click here](#)

A limited number of places are made available to citizens from countries other than South Africa (applicants who are not South African citizens), with those from SADC countries being given preference. Applicants who have multiple citizenships, including South African citizenship, will be considered to be South African.

### **?Transferring students**

A transferring student is a student who, at the time of applying at the University of Pretoria (UP) is/was a registered student at another tertiary institution. A transferring student will be considered for admission based on NSC or equivalent qualification and previous academic performance. Students who have been dismissed from other institutions due to poor academic performance will not be considered for admission to UP.

**Closing dates:** Same as above

### **Returning students**

A returning student is a student who, at the time of application for a degree programme is/was a registered student at UP, and wants to transfer to another degree at UP. A returning student will be considered for admission based on NSC or equivalent qualification and previous academic performance.

- Students who have been excluded/dismissed from a faculty due to poor academic performance may be considered for admission to another programme at UP, as per faculty-specific requirements.
- Only ONE transfer between UP faculties and TWO transfers within a faculty will be allowed.
- Admission of returning students will always depend on the faculty concerned and the availability of space in the programmes for which they apply.

**Closing date for applications from returning students** is the same as the above

**Note:** Any deliberate omission of information, or false information provided by an applicant in the application may result in the immediate cancellation of the application, admission or registration.

## **Additional requirements**

Also consult General Academic Regulations.

## **Examinations and pass requirements**

- i. Each paper (Paper 1 and 2) of the written examination for Medical nutrition therapy 323, 411 and 480 (MNX 323, 411, 480) as well as the practical examination for MNX 411 must be passed individually with a subminimum of 40%.
- ii. Each paper written for the supplementary examination opportunity in Medical nutrition therapy 323, 411 and 480 (MNX 323, 411, 480) as well as the practical examination for MNX 411 (supplementary examination opportunity) must be passed individually with a subminimum of 50%.



- 
- In accordance with the stipulations of the General Academic Regulations a year, semester or quarter mark of at least 40% is required for admission to the examination in all undergraduate modules in the University where year, semester and quarter marks apply.
  - The final mark for a specific module in Nursing Science, Physiotherapy, Radiography, Occupational Therapy and Human Nutrition (at least 50% is required to pass) is calculated from the examination mark as well as the mark compiled from the evaluation of a student during continuous, objective and controlled assessment opportunities during the course of the quarter/semester/year. At least one formal assessment per module is set as the minimum norm, and students will be exposed on a continuous and regular basis to self-directed assignments in order to promote reflective learning.
  - In the case of modules with practical components, students are required to also comply with the applicable attendance requirements with regard to acquiring practical skills before a pass mark can be obtained for the module.
  - There are two main examination periods per annum. In respect of first-semester modules, the standard examination is in May/June and the supplementary examination is in July. In respect of second-semester modules, the standard examination is in October/ November and the supplementary examination is in November/December of the same year. Where students need to work additional clinical hours to be allowed to do a supplementary examination, the relevant head of department will determine the date of the supplementary examination.
  - Only two examination opportunities per module are allowed. If a student fails the supplementary examination, the module must be repeated.
  - A supplementary examination in a module is granted to students in the following cases:
    - If a student obtains a final mark of between 40%-49% in the relevant module at the standard examination and thus fails.
    - If a student does not meet the subminimum for either the written or clinical component of the standard examination, but still has an overall mark of at least 50% a supplementary exam will be granted.
  - Students intending to sit the supplementary examination due to the reasons mentioned above, must register for the supplementary examination 24 hours after the results have been made public.
  - If a student fails a module at the standard examination, the examination mark obtained in the relevant module at the supplementary examination will be calculated as the final mark. The marks obtained with continuous evaluation during the course of the quarter/semester/year will not be taken into calculation. If the student passes the module at the supplementary examination opportunity, a maximum of 50% is awarded as a pass mark to the module in question.
  - A student who is prevented from writing the standard examination due to illness or other qualifying circumstances, may be granted permission by the dean to write a special examination in the particular module(s).
  - If a student is granted permission from the Dean to write a special examination, the continuous evaluation mark, together with the examination mark obtained in the module in question at the supplementary examination opportunity, will be calculated as the final mark obtained in the module.
  - In instances where students are unable to write the examination and supplementary examination as a consequence of a serious medical condition or an accident, such a student must apply for a special dispensation, with the support of the dean, to the Registrar, who will make a final decision.
  - The School of Healthcare Sciences applies the General Academic Regulations, according to which a student requiring a limited number of modules (no more than the equivalent of four semester modules) to complete his or her degree, may in terms of faculty regulations, be admitted to a Chancellor's examination in the modules in question.
-



## Promotion to next study year

- A student must pass in all the prescribed core modules of a specific year of study to be promoted to a subsequent year of study. A student can only be promoted to a subsequent year of study if the student has not failed more than two fundamental modules of seven weeks each per semester or one module of 14 weeks per semester. A non-negotiable prerequisite for admission to the final year of study is pass marks in all the core and fundamental modules of the preceding years of study. Refer to the programmes for fundamental modules in each discipline.
- A pass mark refers to a final mark of at least 50%.
- Modules with practical and clinical training credits cannot be passed unless all the prescribed clinical hours and practical activities have been completed to the satisfaction of the relevant head of department.
- The Chairperson of the examination moderating meeting may, after assessing the student's total profile, grant special approval to be promoted to the next year of study.
- The exception is the Department of Human Nutrition, where the regulations as applicable in the Faculty of Natural and Agricultural Sciences regarding the modules presented by that Faculty, are relevant.
- Modules can only be taken in advance or repeated if it can be accommodated in the existing examination timetable.
- A student who must repeat a year of study may, with the approval of the Chairperson of the examination moderating meeting and the relevant head of department, be allowed to take fundamental modules of the subsequent year, if he/she complies with all the prerequisites for the relevant modules. No adjustment to existing timetables will be allowed.

The following fundamental modules are relevant:

? BCM 251, 252, 257, FAR 381, VDS 322; VDB 321

## Practical/clinical/internship information

### **Internship training (second semester of the final year of study)**

The four compulsory semester modules (CNT 480, DTT 480, MNX 480 and FSS 480) jointly form the internship training and must be taken simultaneously.

## Pass with distinction

The degree is conferred with distinction on a student who has obtained at least 75% (not rounded) in the following modules: CNT 411, 480 jointly, as well as MNX 411, 480 jointly (not rounded), and FSS 480.



## Curriculum: Year 1

Minimum credits: 100

### Fundamental modules

#### Academic information management 111 (AIM 111)

**Module credits** 4.00

**NQF Level** 05

**Service modules** Faculty of Engineering, Built Environment and Information Technology  
Faculty of Education  
Faculty of Economic and Management Sciences  
Faculty of Humanities  
Faculty of Law  
Faculty of Health Sciences  
Faculty of Natural and Agricultural Sciences  
Faculty of Theology and Religion

**Prerequisites** No prerequisites.

**Contact time** 2 lectures per week

**Language of tuition** Module is presented in English

**Department** Information Science

**Period of presentation** Semester 1

#### Module content

Find, evaluate, process, manage and present information resources for academic purposes using appropriate technology.

#### Academic information management 121 (AIM 121)

**Module credits** 4.00

**NQF Level** 05

**Service modules** Faculty of Engineering, Built Environment and Information Technology  
Faculty of Education  
Faculty of Economic and Management Sciences  
Faculty of Humanities  
Faculty of Law  
Faculty of Health Sciences  
Faculty of Natural and Agricultural Sciences  
Faculty of Theology and Religion  
Faculty of Veterinary Science

**Prerequisites** No prerequisites.

**Contact time** 2 lectures per week

**Language of tuition** Module is presented in English

**Department** Informatics



**Period of presentation** Semester 2

### Module content

Apply effective search strategies in different technological environments. Demonstrate the ethical and fair use of information resources. Integrate 21st-century communications into the management of academic information.

## General chemistry 117 (CMY 117)

**Module credits** 16.00

**NQF Level** 05

**Service modules**  
Faculty of Engineering, Built Environment and Information Technology  
Faculty of Education  
Faculty of Health Sciences  
Faculty of Veterinary Science

**Prerequisites** A candidate must have Mathematics for at least 60% and 60% for Physical Sciences.

**Contact time** 1 practical per week, 4 lectures per week

**Language of tuition** Module is presented in English

**Department** Chemistry

**Period of presentation** Semester 1

### Module content

General introduction to inorganic, analytical and physical chemistry. Atomic structure and periodicity. Molecular structure and chemical bonding using the VSEPR-model. Nomenclature of inorganic ions and compounds. Classification of reactions: precipitation, acid-base, redox reactions and gas-forming reactions. Mole concept and stoichiometric calculations concerning chemical formulas and chemical reactions. Principles of reactivity: energy and chemical reactions. Physical behaviour gases, liquids, solids and solutions and the role of intermolecular forces. Rate of reactions: Introduction to chemical kinetics.

## General chemistry 127 (CMY 127)

**Module credits** 16.00

**NQF Level** 05

**Service modules**  
Faculty of Engineering, Built Environment and Information Technology  
Faculty of Education  
Faculty of Health Sciences  
Faculty of Veterinary Science

**Prerequisites** Natural and Agricultural Sciences students: CMY 117 GS or CMY 154 GS Health Sciences students: none

**Contact time** 1 practical per week, 4 lectures per week

**Language of tuition** Module is presented in English

**Department** Chemistry

**Period of presentation** Semester 2



## Module content

Theory: General physical-analytical chemistry: Chemical equilibrium, acids and bases, buffers, solubility equilibrium, entropy and free energy, electrochemistry. Organic chemistry: Structure (bonding), nomenclature, isomerism, introductory stereochemistry, introduction to chemical reactions and chemical properties of organic compounds and biological compounds, i.e. carbohydrates and aminoacids. Practical: Molecular structure (model building), synthesis and properties of simple organic compounds.

## Academic English for Health Sciences (BNurs, BDietetics, BOH, BOT, BRad and BPhysio) 121 (ELH 121)

**Module credits** 6.00

**NQF Level** 05

**Service modules** Faculty of Health Sciences

**Prerequisites** No prerequisites.

**Contact time** 1 discussion class per week, 2 lectures per week

**Language of tuition** Module is presented in English

**Department** Unit for Academic Literacy

**Period of presentation** Semester 1

### Module content

Academic reading as well as academic writing and presentation skills, based on the approach followed in the healthcare sciences. *\*Presented to students in Health Sciences only.*

## Academic English for Health Sciences 122 (ELH 122)

**Module credits** 6.00

**NQF Level** 05

**Service modules** Faculty of Health Sciences

**Prerequisites** No prerequisites.

**Contact time** 1 discussion class per week, 2 lectures per week

**Language of tuition** Module is presented in English

**Department** Unit for Academic Literacy

**Period of presentation** Semester 2

### Module content

Study of specific language skills required in the Health Care Sciences, including interviewing and report-writing skills. *\*Presented to students in Health Sciences only.* (BCur, BDietetics, BOH, BOT, Brad, BPhysT)\*

## Molecular and cell biology 111 (MLB 111)

**Module credits** 16.00

**NQF Level** 05





**Service modules** Faculty of Engineering, Built Environment and Information Technology  
Faculty of Education  
Faculty of Health Sciences  
Faculty of Veterinary Science

**Prerequisites** A candidate who has passed Mathematics with at least 60% in the Grade 12 examination

**Contact time** 1 practical/tutorial per week, 4 lectures per week

**Language of tuition** Module is presented in English

**Department** Biochemistry, Genetics and Microbiology

**Period of presentation** Semester 1

### Module content

Introduction to the molecular structure and function of the cell. Basic chemistry of the cell. Structure and composition of prokaryotic and eukaryotic cells. Ultrastructure and function of cellular organelles, membranes and the cytoskeleton. General principles of energy, enzymes and cell metabolism. Selected processes, e.g. glycolysis, respiration and/or photosynthesis. Introduction to molecular genetics: DNA structure and replication, transcription, translation. Cell growth and cell division.

## Academic orientation 110 (UPO 110)

**Module credits** 0.00

**NQF Level** 00

**Language of tuition** Module is presented in English

**Department** Health Sciences Dean's Office

**Period of presentation** Year

## Core modules

### Dietetic profession 110 (DTT 110)

**Module credits** 6.00

**NQF Level** 05

**Prerequisites** No prerequisites.

**Contact time** 1 discussion class per week, 1 lecture per week

**Language of tuition** Module is presented in English

**Department** Human Nutrition

**Period of presentation** Semester 1

### Module content

Philosophy, development and challenges of the dietetic profession in a South African context.

### Cultural eating patterns 122 (DTT 122)





---

<b>Module credits</b>	6.00
<b>NQF Level</b>	05
<b>Prerequisites</b>	No prerequisites.
<b>Contact time</b>	1 discussion class per week, 1 lecture per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Human Nutrition
<b>Period of presentation</b>	Semester 2

#### **Module content**

Cultural eating patterns of various ethnic and religious groups in South Africa.

### **Physiology 161 (FSG 161)**

<b>Module credits</b>	6.00
<b>NQF Level</b>	05
<b>Prerequisites</b>	No prerequisites.
<b>Contact time</b>	1 practical per week, 4 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Physiology
<b>Period of presentation</b>	Quarter 3

#### **Module content**

Introduction to physiological principles; neurophysiology, and muscle physiology.

### **Physiology 162 (FSG 162)**

<b>Module credits</b>	6.00
<b>NQF Level</b>	05
<b>Prerequisites</b>	No prerequisites.
<b>Contact time</b>	1 practical per week, 4 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Physiology
<b>Period of presentation</b>	Quarter 4

#### **Module content**

Body fluids; haematology; cardiovascular physiology, lymphatic system, and body defence mechanisms.

### **Integrated healthcare leadership 120 (IHL 120)**

<b>Module credits</b>	8.00
<b>NQF Level</b>	05



---

**Service modules** Faculty of Humanities

**Contact time** 2 lectures per week

**Language of tuition** Module is presented in English

**Department** Nursing Science

**Period of presentation** Semester 2

**Module content**

Leadership and multidisciplinary team work. Healthcare systems and legislation. Determinants of health. Introduction to healthcare models (e.g. community-based care, family-centred care, etc.). Professionalism, Ethical principles. Management of diversity. NB: Only for School of Healthcare Sciences and Department of Speech-Language Pathology and Audiology students.



## Curriculum: Year 2

Minimum credits: 132

### Fundamental modules

#### Introduction to proteins and enzymes 251 (BCM 251)

<b>Module credits</b>	12.00
<b>NQF Level</b>	06
<b>Service modules</b>	Faculty of Health Sciences
<b>Prerequisites</b>	CMY 117 GS and CMY 127 GS and MLB 111 GS
<b>Contact time</b>	1 tutorial per week, 2 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Biochemistry, Genetics and Microbiology
<b>Period of presentation</b>	Semester 1

#### Module content

Structural and ionic properties of amino acids. Peptides, the peptide bond, primary, secondary, tertiary and quaternary structure of proteins. Interactions that stabilise protein structure, denaturation and renaturation of proteins. Introduction to methods for the purification of proteins, amino acid composition, and sequence determinations. Enzyme kinetics and enzyme inhibition. Allosteric enzymes, regulation of enzyme activity, active centres and mechanisms of enzyme catalysis. Examples of industrial applications of enzymes and in clinical pathology as biomarkers of diseases. Online activities include introduction to practical laboratory techniques and Good Laboratory Practice; techniques for the quantitative and qualitative analysis of biological molecules; enzyme activity measurements; processing and presentation of scientific data.

#### Carbohydrate metabolism 252 (BCM 252)

<b>Module credits</b>	12.00
<b>NQF Level</b>	06
<b>Service modules</b>	Faculty of Education Faculty of Health Sciences
<b>Prerequisites</b>	BCM 251 GS and BCM 257 GS.
<b>Contact time</b>	1 tutorial per week, 2 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Biochemistry, Genetics and Microbiology
<b>Period of presentation</b>	Semester 2



## Module content

Carbohydrate structure and function. Blood glucose measurement in the diagnosis and treatment of diabetes. Bioenergetics and biochemical reaction types. Glycolysis, gluconeogenesis, glycogen metabolism, pentose phosphate pathway, citric acid cycle and electron transport. Total ATP yield from the complete oxidation of glucose. A comparison of cellular respiration and photosynthesis. Online activities include techniques for the study and analysis of metabolic pathways and enzymes; PO ratio of mitochondria, electrophoresis, extraction, solubility and gel permeation techniques; scientific method and design.

## Introductory biochemistry 257 (BCM 257)

<b>Module credits</b>	12.00
<b>NQF Level</b>	06
<b>Prerequisites</b>	CMY 117 GS and CMY 127 GS and MLB 111 GS
<b>Contact time</b>	1 tutorial per week, 2 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Biochemistry, Genetics and Microbiology
<b>Period of presentation</b>	Semester 1

## Module content

Chemical foundations. Weak interactions in aqueous systems. Ionisation of water, weak acids and weak bases. Buffering against pH changes in biological systems. Water as a reactant and function of water. Carbohydrate structure and function. Biochemistry of lipids and membrane structure. Nucleotides and nucleic acids. Other functions of nucleotides: energy carriers, components of enzyme cofactors and chemical messengers. Introduction to metabolism. Bioenergetics and biochemical reaction types. Online activities include introduction to laboratory safety and Good Laboratory Practice; basic biochemical calculations; experimental method design and scientific controls, processing and presentation of scientific data.

## Physiology 251 (FSG 251)

<b>Module credits</b>	6.00
<b>NQF Level</b>	06
<b>Prerequisites</b>	RAN 100, FSG 161, FSG 162, MTL 180
<b>Contact time</b>	1 practical per week, 4 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Physiology
<b>Period of presentation</b>	Quarter 1

## Module content

Structure, gas exchange and secretory functions of the lungs; structure, excretory and non-urinary functions of the kidneys, acid-base balance, and skin and body temperature control. Practical work to complement the theory.



## Physiology 252 (FSG 252)

<b>Module credits</b>	6.00
<b>NQF Level</b>	06
<b>Prerequisites</b>	RAN 100, FSG 161, FSG 162, MTL 180
<b>Contact time</b>	1 practical per week, 4 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Physiology
<b>Period of presentation</b>	Quarter 2

### Module content

Nutrition, digestion and metabolism, hormonal control of body functions, and the reproductive systems. Practical work to complement the theory.

## Core modules

### Nutrition education 223 (DTT 223)

<b>Module credits</b>	12.00
<b>NQF Level</b>	06
<b>Prerequisites</b>	2nd-year status. The module runs concurrently with HNT 220.
<b>Contact time</b>	1 discussion class per week, 2 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Human Nutrition
<b>Period of presentation</b>	Semester 2

### Module content

A total diet approach to communicating food and nutrition messages using theoretical frameworks, including planning and evaluation of content as well as presentation skills.

### Human nutrition 210 (HNT 210)

<b>Module credits</b>	20.00
<b>NQF Level</b>	06
<b>Service modules</b>	Faculty of Natural and Agricultural Sciences
<b>Prerequisites</b>	2nd-year status
<b>Contact time</b>	1 discussion class per week, 4 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Human Nutrition
<b>Period of presentation</b>	Semester 1



### Module content

Application of scientific principles in human nutrition.  
Standards, guidelines and food composition tables.

## Human nutrition 220 (HNT 220)

**Module credits** 20.00

**NQF Level** 06

**Service modules** Faculty of Natural and Agricultural Sciences

**Prerequisites** FSG 251 GS, FSG 252 GS, BCM 251, BCM 257, HNT 210

**Contact time** 1 discussion class per week, 3 lectures per week

**Language of tuition** Module is presented in English

**Department** Human Nutrition

**Period of presentation** Semester 2

### Module content

Human nutrition in the life cycle: Nutritional screening, nutritional needs, nutrition problems and prevention thereof, growth monitoring and meal/menu planning.

## Integrated healthcare leadership 210 (IHL 210)

**Module credits** 8.00

**NQF Level** 06

**Service modules** Faculty of Humanities

**Prerequisites** IHL 112/2/3, IHL 120 (For Audiology and Speech-Language Pathology and Dietetics students only IHL 120 is applicable).

**Contact time** 2 lectures per week

**Language of tuition** Module is presented in English

**Department** Nursing Science

**Period of presentation** Semester 1

### Module content

Principles of project management. Communication principles. Leadership. Health promotion and education, advocacy and literacy. Counselling for health behaviour change. NB: Only for School of Healthcare Sciences and Speech- Language Pathology and Audiology students.

## Basic food preparation and food preparation techniques 231 (VDS 231)

**Module credits** 12.00

**NQF Level** 06

**Prerequisites** No prerequisites.

**Contact time** 1 discussion class per week, 1 lecture per week, 1 practical per week



---

**Language of tuition** Module is presented in English

**Department** Consumer and Food Sciences

**Period of presentation** Semester 1

**Module content**

Basic food preparation and food preparation techniques.

**Food commodities and preparation 232 (VDS 232)**

**Module credits** 12.00

**NQF Level** 06

**Prerequisites** No prerequisites.

**Contact time** 1 discussion class per week, 1 lecture per week, 1 practical per week

**Language of tuition** Module is presented in English

**Department** Consumer and Food Sciences

**Period of presentation** Semester 2

**Module content**

Food commodities and preparation.





## Curriculum: Year 3

Minimum credits: 195

### Fundamental modules

#### Pharmacology 381 (FAR 381)

Module credits 18.00

NQF Level 07

Service modules Faculty of Natural and Agricultural Sciences

Prerequisites FLG 211, FLG 212, FLG 221, FLG 222 GS

Contact time 1 lecture per week, 2 lectures per week

Language of tuition Module is presented in English

Department Pharmacology

Period of presentation Semester 1

#### Module content

The undergraduate pharmacology module introduces students to general pharmacological principles, routes of administration, pharmacokinetics and pharmacodynamics. Furthermore, disease treatment with relation to disorders of the cardiovascular, inflammatory and autonomic nervous system is discussed, as well as anaesthesia, asthma, diabetes, diuresis, obesity and pain.

### Core modules

#### Community nutrition 321 (CNT 321)

Module credits 10.00

NQF Level 07

Service modules Faculty of Natural and Agricultural Sciences

Prerequisites 3rd-year status

Contact time 1 discussion class per week, 2 lectures per week, Community Engagement

Language of tuition Module is presented in English

Department Human Nutrition

Period of presentation Semester 2

#### Module content

Community nutrition practice within the larger public health realm. Nutrition within primary healthcare. Nutrition and community development as well as project planning and management.

#### Dietetic counselling 310 (DTT 310)

Module credits 20.00

NQF Level 07



---

<b>Prerequisites</b>	3rd-year status
<b>Contact time</b>	1 discussion class per week, 2 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Human Nutrition
<b>Period of presentation</b>	Semester 1

#### Module content

Theory of counselling. Interviewing: Interview; the consultation process; verbal, written and non-verbal communication to clients, patients, employees as individuals or groups in different stages of the life cycle in health and disease in homogenic and trans/multi-cultural situations by means of applicable theoretical frameworks.

### Clinic and discussion class 320 (DTT 320)

<b>Module credits</b>	5.00
<b>NQF Level</b>	07
<b>Prerequisites</b>	DTT 310
<b>Contact time</b>	1 practical per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Human Nutrition
<b>Period of presentation</b>	Semester 2

#### Module content

Practice training: Management of a dietetics clinic. Practising the consultation process and practice management in a dietetics clinic.

### Integrated healthcare leadership 310 (IHL 310)

<b>Module credits</b>	8.00
<b>NQF Level</b>	07
<b>Service modules</b>	Faculty of Humanities
<b>Prerequisites</b>	IHL 210, IHL 221/2/3/4 (For Audiology and Speech-Language Pathology and Dietetics students only IHL 210 is applicable).
<b>Contact time</b>	2 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Nursing Science
<b>Period of presentation</b>	Semester 1

#### Module content

Community needs assessment. Leadership in community development. Planning and implementation of collaborative community-based interventions. Application of principles of monitoring and evaluation. NB: Only for School of Healthcare Sciences and Department of Speech - Language Pathology and Audiology students.



## Medical nutrition therapy 310 (MNX 310)

<b>Module credits</b>	9.00
<b>NQF Level</b>	07
<b>Prerequisites</b>	3rd-year status
<b>Contact time</b>	1 discussion class per week, 2 lectures per week for 7 weeks
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Human Nutrition
<b>Period of presentation</b>	Semester 1

### Module content

Aetiology and clinical manifestations of under- and over-nutrition/PEM; principles and practices of medical nutrition therapy in under-nutrition/PEM; impact and influence of worm infestation. Relationship between malnutrition and AIDS; role of nutrition in immunity within the context of HIV/AIDS; clinical signs, symptoms and problems associated with HIV/AIDS and guidelines for the alleviation of these symptoms; nutritional related problems of medication used by HIV/AIDS patients. Metabolic response to acute and chronic stress. Principles of special nutritional care, special feeding methods and products required for injured/critically ill patients. Appropriate practical assignments and case studies.

## Medical nutrition therapy 323 (MNX 323)

<b>Module credits</b>	28.00
<b>NQF Level</b>	07
<b>Prerequisites</b>	3rd-year status and MNX 310.
<b>Contact time</b>	2 discussion classes per week, 4 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Human Nutrition
<b>Period of presentation</b>	Semester 2

### Module content

Relationships between obesity, hypertension, cardiovascular disease, insulin resistance and concomitant health risks. Aetiology, pathophysiology and manifestation(s) of type 1 and type 2 Diabetes Mellitus, gestational diabetes and impaired glucose tolerance; principles and practices of medical nutrition therapy of diabetes mellitus integrated with medical/pharmacological treatment; dietary treatment/prevention of complications; dietary adaptations when exercising and lifestyle/behaviour modification. Aetiology and clinical manifestations of cardiovascular; principles and practices of medical nutrition therapy in CVD. Congenital heart disease and special problems related to children with congenital heart disease. Aetiology and clinical manifestation(s) of renal disease conditions; principles and practices of medical nutrition therapy in renal conditions (nephritic syndrome, nephrotic syndrome, acute and chronic renal failure, nephrolithiasis). Nutrient-drug interactions. Appropriate practical assignments and case studies.

## Nutritional assessment 313 (NTA 313)

<b>Module credits</b>	30.00
-----------------------	-------



<b>NQF Level</b>	07
<b>Service modules</b>	Faculty of Natural and Agricultural Sciences
<b>Prerequisites</b>	3rd-year status
<b>Contact time</b>	1 discussion class per week, 1 practical per week, 4 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Human Nutrition
<b>Period of presentation</b>	Semester 1

### Module content

Evaluation of nutrition status within the nutrition care process. Principles of science as applied in nutrition assessment. Nutrition screening; clinical, anthropometric, biochemical and dietary evaluation of nutrition status. Practice training: practising of theoretical principles of nutrition status evaluation in hospital/clinic and/or skills laboratory.

## Research methodology for healthcare sciences 300 (RHC 300)

<b>Module credits</b>	30.00
<b>NQF Level</b>	07
<b>Service modules</b>	Faculty of Humanities
<b>Prerequisites</b>	(ELH 121 and 122); AIM 111, prerequisites for BA Audiology: ODL 210 and 220; KMP 210 and 220, prerequisites for BA Speech-Language Pathology students: SPP 210 and 220; KMP 210 and KMP 220.
<b>Contact time</b>	2 lectures per week, 2 practicals per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Nursing Science
<b>Period of presentation</b>	Year

### Module content

Concepts of research; research process; research studies appraisal; planning and developing literature review; developing research idea and research question; research principles in designing research proposal; research proposal writing.

## Food service management 321 (VDB 321)

<b>Module credits</b>	18.00
<b>NQF Level</b>	07
<b>Service modules</b>	Faculty of Health Sciences
<b>Prerequisites</b>	Natural and Agricultural Sciences students: VDS 322 #
<b>Contact time</b>	1 practical per week, 3 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Consumer and Food Sciences



---

**Period of presentation** Semester 2

**Module content**

Planning and layout of food service units for different food service systems. Equipment for food services. Factors influencing the choice and purchasing of equipment for different food service units. Hygiene and safety in food services. management in food service systems. Financial management in food services.

**Large-scale food production 323 (VDS 323)**

**Module credits** 19.00

**NQF Level** 07

**Prerequisites** VDS 231

**Contact time** 1 practical per week, 3 lectures per week

**Language of tuition** Module is presented in English

**Department** Consumer and Food Sciences

**Period of presentation** Semester 2

**Module content**

Large-scale production.



## Curriculum: Final year

Minimum credits: 121

### Core modules

#### Community nutrition 411 (CNT 411)

<b>Module credits</b>	22.00
<b>NQF Level</b>	08
<b>Service modules</b>	Faculty of Natural and Agricultural Sciences
<b>Prerequisites</b>	4th-year status
<b>Contact time</b>	1 discussion class per week, 4 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Human Nutrition
<b>Period of presentation</b>	Semester 1

#### Module content

Global nutrition challenges e.g. food security, protein-energy and micronutrient malnutrition, non communicable diseases of lifestyle, etc. Public health approaches and general nutrition interventions to address these challenges. Nutrition program development including assessment, analysis and interventions in the South African context as well as Nutrition Policy formulation

#### Internship training in community nutrition 480 (CNT 480)

<b>Module credits</b>	14.00
<b>NQF Level</b>	08
<b>Prerequisites</b>	CNT 411
<b>Contact time</b>	Five times 8hrs per day for 7 weeks
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Human Nutrition
<b>Period of presentation</b>	Semester 2

#### Module content

Academic service learning project in community-based programme development (i.e. planning, implementation and evaluation). Facility-based primary healthcare service delivery.

#### Dietetic profession 411 (DTT 411)

<b>Module credits</b>	3.00
<b>NQF Level</b>	08
<b>Prerequisites</b>	4th-year status
<b>Contact time</b>	1 practical per week



**Language of tuition** Module is presented in English

**Department** Human Nutrition

**Period of presentation** Semester 1

### Module content

Dietetic profession. Practice training: Management of a dietetics clinic. Practising the consultation process and practice management in a dietetics clinic.

## Integration in dietetics 480 (DTT 480)

**Module credits** 5.00

**NQF Level** 08

**Prerequisites** 4th-year status

**Contact time** 1 seminar per week

**Language of tuition** Module is presented in English

**Department** Human Nutrition

**Period of presentation** Semester 2

### Module content

\*Attendance module only

## Internship training in food service system management 480 (FSS 480)

**Module credits** 14.00

**NQF Level** 08

**Prerequisites** 4th-year status.

**Contact time** 5 discussion classes per week

**Language of tuition** Module is presented in English

**Department** Human Nutrition

**Period of presentation** Semester 2

## Advanced human nutrition 411 (HNT 411)

**Module credits** 10.00

**NQF Level** 08

**Service modules** Faculty of Natural and Agricultural Sciences

**Prerequisites** 4th-year status

**Contact time** 1 discussion class per week, 3 lectures per week

**Language of tuition** Module is presented in English

**Department** Human Nutrition





**Period of presentation** Semester 1

**Module content**

Seminars and case studies (theory and practical application): Eating behaviour, eating disorders, nutrient/nutrition supplementation, sports nutrition, vegetarianism, food safety, nutrition of the disabled, prevention of non-communicable disease of lifestyle; nutrition and immunity; nutrition and genetics.

**Medical nutrition therapy 411 (MNX 411)**

**Module credits** 25.00

**NQF Level** 08

**Prerequisites** 4th-year status

**Contact time** 1 practical per week, 3 discussion classes per week, 6 lectures per week

**Language of tuition** Module is presented in English

**Department** Human Nutrition

**Period of presentation** Semester 1

**Module content**

The role of diet and nutrition in the aetiology and treatment of diseases of the gastrointestinal tract and related organs, metabolic disorders and gout, diseases of neurological origin, prematurity and paediatric disease conditions. Nutritional care of physiological trauma and cancer. Nutrient-drug interactions. Appropriate practical assignments and case studies (practising the nutrition care process).

**Internship training in medical nutrition therapy 480 (MNX 480)**

**Module credits** 18.00

**NQF Level** 08

**Prerequisites** MNX 411

**Contact time** 5 discussion classes per week

**Language of tuition** Module is presented in English

**Department** Human Nutrition

**Period of presentation** Semester 2

**Research in healthcare sciences 400 (RHC 400)**

**Module credits** 10.00

**NQF Level** 08

**Prerequisites** RHC 300

**Contact time** 1 lecture per week, 1 practical per week

**Language of tuition** Module is presented in English

**Department** Nursing Science

**Period of presentation** Year



---

## Module content

Conducting process of obtaining ethics clearance, data collection, data analysis, research report writing.

---

### General Academic Regulations and Student Rules

The [General Academic Regulations \(G Regulations\)](#) and [General Student Rules](#) apply to all faculties and registered students of the University, as well as all prospective students who have accepted an offer of a place at the University of Pretoria. On registering for a programme, the student bears the responsibility of ensuring that they familiarise themselves with the General Academic Regulations applicable to their registration, as well as the relevant faculty-specific and programme-specific regulations and information as stipulated in the relevant yearbook. Ignorance concerning these regulations will not be accepted as an excuse for any transgression, or basis for an exception to any of the aforementioned regulations. The G Regulations are updated annually and may be amended after the publication of this information.

### Regulations, degree requirements and information

The faculty regulations, information on and requirements for the degrees published here are subject to change and may be amended after the publication of this information.

### University of Pretoria Programme Qualification Mix (PQM) verification project

The higher education sector has undergone an extensive alignment to the Higher Education Qualification Sub-Framework (HEQSF) across all institutions in South Africa. In order to comply with the HEQSF, all institutions are legally required to participate in a national initiative led by regulatory bodies such as the Department of Higher Education and Training (DHET), the Council on Higher Education (CHE), and the South African Qualifications Authority (SAQA). The University of Pretoria is presently engaged in an ongoing effort to align its qualifications and programmes with the HEQSF criteria. Current and prospective students should take note that changes to UP qualification and programme names, may occur as a result of the HEQSF initiative. Students are advised to contact their faculties if they have any questions.