

University of Pretoria Yearbook 2025

Bachelor of Dietetics [BDietetics] (10139003)

Department	Human Nutrition
Minimum duration of study	4 years
Total credits	548
NQF level	08

Programme information

The programme extends over four academic years during which period a student receives practical training as a student dietician at an institution or institutions approved for this purpose by the University.

After admission to the first year of study, each student in Dietetics must register as a student in Dietetics with the Health Professions Council of South Africa.

Students are required to complete at least four weeks applicable elective training (Code DTT 380) under the supervision of a dietician at an institution approved for this purpose by the University, after the first semester of the third year of study and prior to the commencement of the fourth year of study.

Note: Students who enrolled for the BDietetics degree programme prior to 2105 will complete the degree under the old curriculum. However, students who will have third-year status in 2020 will be transferred to the new curriculum.

Admission requirements

Important information for all prospective students for 2025

The admission requirements below apply to all who apply for admission to the University of Pretoria with a National Senior Certificate (NSC) and Independent Examination Board (IEB) qualifications. Click here for this Faculty Brochure.

Minimum requirements Achievement level				
NSC/IEB	NSC/IEB	NSC/IEB		
4	4	4	28	

For advice on a second-choice programme, please consult a Student Advisor. To make an appointment, send an email to carol.bosch@up.ac.za.

Life Orientation is excluded when calculating the APS.

Applicants currently in Grade 12 must apply with their final Grade 11 (or equivalent) results.



Applicants who have completed Grade 12 must apply with their final NSC or equivalent qualification results.

Please note that meeting the minimum academic requirements does not guarantee admission.

Successful candidates will be notified once admitted or conditionally admitted.

Applicants should check their application status regularly on the UP Student Portal at click here.

Applicants with qualifications other than the abovementioned should refer to the International undergraduate prospectus 2025: Applicants with a school leaving certificate not issued by Umalusi (South Africa), available at click here.

International students: Click here

A limited number of places are made available to citizens from countries other than South Africa (applicants who are not South African citizens), with those from SADC countries being given preference. Applicants who have multiple citizenships, including South African citizenship, will be considered to be South African.

?Transferring students

A transferring student is a student who, at the time of applying at the University of Pretoria (UP)is/was a registered student at another tertiary institution. A transferring student will be considered for admission based on NSC or equivalent qualification and previous academic performance. Students who have been dismissed from other institutions due to poor academic performance will not be considered for admission to UP.

Closing dates: Same as above

Returning students

A returning student is a student who, at the time of application for a degree programme is/was a registered student at UP, and wants to transfer to another degree at UP. A returning student will be considered for admission based on NSC or equivalent qualification and previous academic performance.

- Students who have been excluded/dismissed from a faculty due to poor academic performance may be considered for admission to another programme at UP, as per faculty-specific requirements.
- Only ONE transfer between UP faculties and TWO transfers within a faculty will be allowed.
- Admission of returning students will always depend on the faculty concerned and the availability of space in the programmes for which they apply.

Closing date for applications from returning students is the same as the above

Note: Any deliberate ommission of information, or false information provided by an applicant in the application may result in the immediate cancellation of the application, admission or registration.

Additional requirements

Also consult General Academic Regulations.

Examinations and pass requirements

- Each paper (Paper 1 and 2) of the written examination for Medical nutrition therapy 323, 411 and 480 (MNX 323, 411, 480) as well as the practical examination for MNX 411 must be passed individually with a subminimum of 40%.
- ii. Each paper written for the supplementary examination opportunity in Medical nutrition therapy 323, 411 and 480 (MNX 323, 411, 480) as well as the practical examination for MNX 411 (supplementary examination opportunity) must be passed individually with a subminimum of 50%.



- In accordance with the stipulations of the General Academic Regulations a year, semester or quarter mark of at least 40% is required for admission to the examination in all undergraduate modules in the University where year, semester and quarter marks apply.
- The final mark for a specific module in Nursing Science, Physiotherapy, Radiography, Occupational Therapy and Human Nutrition (at least 50% is required to pass) is calculated from the examination mark as well as the mark compiled from the evaluation of a student during continuous, objective and controlled assessment opportunities during the course of the quarter/semester/year. At least one formal assessment per module is set as the minimum norm, and students will be exposed on a continuous and regular basis to self-directed assignments in order to promote reflective learning.
- In the case of modules with practical components, students are required to also comply with the applicable attendance requirements with regard to acquiring practical skills before a pass mark can be obtained for the module.
- There are two main examination periods per annum. In respect of first-semester modules, the standard
 examination is in May/June and the supplementary examination is in July. In respect of second-semester
 modules, the standard examination is in October/ November and the supplementary examination is in
 November/December of the same year. Where students need to work additional clinical hours to be allowed to
 do a supplementary examination, the relevant head of department will determine the date of the
 supplementary examination.
- Only two examination opportunities per module are allowed. If a student fails the supplementary examination, the module must be repeated.
- A supplementary examination in a module is granted to students in the following cases:
- If a student obtains a final mark of between 40%-49% in the relevant module at the standard examination and thus fails.
- If a student does not meet the subminimum for either the written or clinical component of the standard examination, but still has an overall mark of at least 50% a supplementary exam will be granted.
- Students intending to sit the supplementary examination due to the reasons mentioned above, must register for the supplementary examination 24 hours after the results have been made public.
- If a student fails a module at the standard examination, the examination mark obtained in the relevant module at the supplementary examination will be calculated as the final mark. The marks obtained with continuous evaluation during the course of the quarter/semester/year will not be taken into calculation. If the student passes the module at the supplementary examination opportunity, a maximum of 50% is awarded as a pass mark to the module in question.
- A student who is prevented from writing the standard examination due to illness or other qualifying circumstances, may be granted permission by the dean to write a special examination in the particular module(s).
- If a student is granted permission from the Dean to write a special examination, the continuous evaluation mark, together with the examination mark obtained in the module in question at the supplementary examination opportunity, will be calculated as the final mark obtained in the module.
- In instances where students are unable to write the examination and supplementary examination as a consequence of a serious medical condition or an accident, such a student must apply for a special dispensation, with the support of the dean, to the Registrar, who will make a final decision.
- The School of Healthcare Sciences applies the General Academic Regulations, according to which a student requiring a limited number of modules (no more than the equivalent of four semester modules) to complete his or her degree, may in terms of faculty regulations, be admitted to a Chancellor's examination in the modules in question.



Promotion to next study year

- A student must pass in all the prescribed core modules of a specific year of study to be promoted to a
 subsequent year of study. A student can only be promoted to a subsequent year of study if the student has not
 failed more than two fundamental modules of seven weeks each per semester or one module of 14 weeks per
 semester. A non-negotiable prerequisite for admission to the final year of study is pass marks in all the core
 and fundamental modules of the preceding years of study. Refer to the programmes for fundamental modules
 in each discipline.
- A pass mark refers to a final mark of at least 50%.
- Modules with practical and clinical training credits cannot be passed unless all the prescribed clinical hours and practical activities have been completed to the satisfaction of the relevant head of department.
- The Chairperson of the examination moderating meeting may, after assessing the student's total profile, grant special approval to be promoted to the next year of study.
- The exception is the Department of Human Nutrition, where the regulations as applicable in the Faculty of Natural and Agricultural Sciences regarding the modules presented by that Faculty, are relevant.
- Modules can only be taken in advance or repeated if it can be accommodated in the existing examination timetable.
- A student who must repeat a year of study may, with the approval of the Chairperson of the examination
 moderating meeting and the relevant head of department, be allowed to take fundamental modules of the
 subsequent year, if he/she complies with all the prerequisites for the relevant modules. No adjustment to
 existing timetables will be allowed.

The following fundamental modules are relevant:

? BCM 251, 252, 257, FAR 381, VDS 322; VDB 321

Practical/clinical/internship information

Internship training (second semester of the final year of study)

The four compulsory semester modules (CNT 480, DTT 480, MNX 480 and FSS 480) jointly form the internship training and must be taken simultaneously.

Pass with distinction

The degree is conferred with distinction on a student who has obtained at least 75% (not rounded) in the following modules: CNT 411, 480 jointly, as well as MNX 411, 480 jointly (not rounded), and FSS 480.



Curriculum: Year 1

Minimum credits: 100

Fundamental modules

Academic information management 111 (AIM 111) - Credits: 4.00 Academic information management 121 (AIM 121) - Credits: 4.00

General chemistry 117 (CMY 117) - Credits: 16.00 General chemistry 127 (CMY 127) - Credits: 16.00

Academic English for Health Sciences (BNurs, BDietetics, BOH, BOT, BRad and BPhysio) 121 (ELH 121) - Credits:

6.00

Academic English for Health Sciences 122 (ELH 122) - Credits: 6.00

Molecular and cell biology 111 (MLB 111) - Credits: 16.00 Academic orientation 110 (UPO 110) - Credits: 0.00

Core modules

Dietetic profession 110 (DTT 110) - Credits: 6.00 Cultural eating patterns 122 (DTT 122) - Credits: 6.00

Physiology 161 (FSG 161) - Credits: 6.00 Physiology 162 (FSG 162) - Credits: 6.00

Integrated healthcare leadership 120 (IHL 120) - Credits: 8.00



Curriculum: Year 2

Minimum credits: 132

Fundamental modules

Introduction to proteins and enzymes 251 (BCM 251) - Credits: 12.00

Carbohydrate metabolism 252 (BCM 252) - Credits: 12.00 Introductory biochemistry 257 (BCM 257) - Credits: 12.00

Physiology 251 (FSG 251) - Credits: 6.00 Physiology 252 (FSG 252) - Credits: 6.00

Core modules

Nutrition education 223 (DTT 223) - Credits: 12.00 Human nutrition 210 (HNT 210) - Credits: 20.00 Human nutrition 220 (HNT 220) - Credits: 20.00

Integrated healthcare leadership 210 (IHL 210) - Credits: 8.00

Basic food preparation and food preparation techniques 231 (VDS 231) - Credits: 12.00

Food commodities and preparation 232 (VDS 232) - Credits: 12.00



Curriculum: Year 3

Minimum credits: 195

Fundamental modules

Pharmacology 381 (FAR 381) - Credits: 18.00

Core modules

Community nutrition 321 (CNT 321) - Credits: 10.00
Dietetic counselling 310 (DTT 310) - Credits: 20.00
Clinic and discussion class 320 (DTT 320) - Credits: 5.00
Integrated healthcare leadership 310 (IHL 310) - Credits: 8.00
Medical nutrition therapy 310 (MNX 310) - Credits: 9.00
Medical nutrition therapy 323 (MNX 323) - Credits: 28.00
Nutritional assessment 313 (NTA 313) - Credits: 30.00

Research methodology for healthcare sciences 300 (RHC 300) - Credits: 30.00

Food service management 321 (VDB 321) - Credits: 18.00 Large-scale food production 323 (VDS 323) - Credits: 19.00



Curriculum: Final year

Minimum credits: 121

Core modules

Community nutrition 411 (CNT 411) - Credits: 22.00

Internship training in community nutrition 480 (CNT 480) - Credits: 14.00

Dietetic profession 411 (DTT 411) - Credits: 3.00 Integration in dietetics 480 (DTT 480) - Credits: 5.00

Internship training in food service system management 480 (FSS 480) - Credits: 14.00

Advanced human nutrition 411 (HNT 411) - Credits: 10.00 Medical nutrition therapy 411 (MNX 411) - Credits: 25.00

Internship training in medical nutrition therapy 480 (MNX 480) - Credits: 18.00

Research in healthcare sciences 400 (RHC 400) - Credits: 10.00

General Academic Regulations and Student Rules

The General Academic Regulations (G Regulations) and General Student Rules apply to all faculties and registered students of the University, as well as all prospective students who have accepted an offer of a place at the University of Pretoria. On registering for a programme, the student bears the responsibility of ensuring that they familiarise themselves with the General Academic Regulations applicable to their registration, as well as the relevant faculty-specific and programme-specific regulations and information as stipulated in the relevant yearbook. Ignorance concerning these regulations will not be accepted as an excuse for any transgression, or basis for an exception to any of the aforementioned regulations. The G Regulations are updated annually and may be amended after the publication of this information.

Regulations, degree requirements and information

The faculty regulations, information on and requirements for the degrees published here are subject to change and may be amended after the publication of this information.

University of Pretoria Programme Qualification Mix (PQM) verification project

The higher education sector has undergone an extensive alignment to the Higher Education Qualification Sub-Framework (HEQSF) across all institutions in South Africa. In order to comply with the HEQSF, all institutions are legally required to participate in a national initiative led by regulatory bodies such as the Department of Higher Education and Training (DHET), the Council on Higher Education (CHE), and the South African Qualifications Authority (SAQA). The University of Pretoria is presently engaged in an ongoing effort to align its qualifications and programmes with the HEQSF criteria. Current and prospective students should take note that changes to UP qualification and programme names, may occur as a result of the HEQSF initiative. Students are advised to contact their faculties if they have any questions.